

Improving lives together

CAMHS Low Secure Service

**Mulberry Ward,
Cygnnet Hospital Bury - Forestwood,
North West**

Accepting
referrals



Mulberry Ward is a CAMHS low secure service for girls aged 12 - 18 with complex mental health needs. We offer a care and treatment pathway for those who require support in a low secure environment.

The service focuses on working with young people to understand their mental health, their risks and support their recovery, enabling them to be successfully discharged to a less restrictive environment and to reduce the possibility of relapse and likelihood of requiring a secure service in the future.

There is a diverse educational programme teaching a range of subjects available at the on-site school, Forestwood School, which is rated 'Good' by Ofsted.



Female



12-18 years



12 beds

Our service user profile:

- > Females aged 12-18 years
- > Detained under the Mental Health Act
- > Diagnosis of:
 - Psychosis
 - Self-harm and/or suicidal ideation
 - Depression or anxiety
 - Emerging personality disorder
 - Substance misuse – providing there is a primary diagnosis of a mental health problem
 - Emotional, social and behavioural difficulties
 - Borderline/mild learning disability as a secondary diagnosis
 - Autism spectrum disorders, with a mental health primary diagnosis
 - May have a forensic history



Our facilities:

- > En-suite bedrooms
- > Spacious communal areas
- > Outdoor sports areas
- > Gym
- > Training kitchen to support skills development
- > Therapy room
- > Multi-faith room





Individuals have access to a variety of activities including:

- > Art and crafts
- > Sports
- > Charity events such as coffee mornings and summer fairs
- > Day trips including the seaside and zoo
- > Individual and group community activities
- > Board games
- > Xbox and Wii

Bespoke packages of care

for young people who may struggle within a busy ward environment



Onsite gym and large outdoor sports areas



Supporting young people access apprenticeships and employment in the community

in the community



100%

of young people discharged in 2023 were able to **step down** to a less restrictive service



Young people are able to continue their education through access to our on-site Ofsted-registered school, Excel and Exceed Centre



Person-centred meal planning including shopping and cooking



Weekly community meetings,

individuals have their say on the way the service is run including making plans for the weekend



Full Multi-Disciplinary Team (MDT) input including

- > Specialty doctor
- > Psychologist
- > Social worker
- > Occupational therapist
- > Ward manager
- > Consultant psychiatrist
- > Clinical psychologist
- > Speech and language therapist
- > Clinical team leaders
- > BACP registered therapists
- > Nurses
- > Healthcare assistants
- > Social workers
- > Family liaison officer
- > Family therapist CAMHS lead



Make a referral

- 1 Referral made to your **NHS Partnerships Manager** or 0808 164 4450 / chcl.referrals@nhs.net
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Cygnets Hospital Bury
off Buller St, Bolton Rd, Bury,
North West BL8 2BS

Phone number
0161 762 7200



CYG-1455 | Date of Preparation: 24/01/25

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