

Improving lives together

Specialist Acute Service for Women

Sanctuary Ward,
Cygnnet Hospital Harrogate,
North Yorkshire

Good

Accepting referrals

Sanctuary Ward is Cygnnet Hospital Harrogate's emergency acute inpatient service for women. The ward can accept service users on an informal basis and also those detained under the Mental Health Act.

The service has a full MDT including consultant psychiatrists, ward doctors, a therapy team including group and activities coordinators and nursing therapists. There are a range of therapies available and all service users can access a minimum of 25 hours' therapy a week. There is a comprehensive programme of both group and individual therapies available in:

- > Alcohol abuse
- > Coping mechanisms
- > Anger management
- > Stress reducing techniques

Where an individual is not able to leave the ward to attend therapy sessions or a structured group, activity coordinators are based on the ward and can support individuals to engage in ward-based activities.

Admissions are usually short-term and aim to help individuals learn how to manage their mental health before returning home.

"I think all parts of the therapy you have provided have benefited me massively, helped me to reflect and get better." **Former service user**



Female



18+ years



17 beds

Our service user profile:

- > Women, aged 18+ years
- > May be informal or detained under the Mental Health Act
- > Experiencing an acute episode of mental illness requiring a crisis admission
- > Diagnoses may include:
 - Acute mental illness
 - Acute depressive illness
 - Psychosis
 - Schizophrenia
 - Bi-polar disorder
 - Personality disorder
 - Dual diagnosis
- > May present with co-morbid presentations:
 - Self-harm
 - Substance misuse issues
 - Complex needs



1

Referral made to Cygnnet bed hub via 0808 164 4450 / chcl.referrals@nhs.net

2

Feedback provided on whether our services can meet the service user's needs within 1 hour of receipt of full clinical information

3

Admission agreed and arranged with referring team following confirmation of funding

For All PICU and Acute Referrals (Adults and CAMHS)

0808 164 4450
chcl.referrals@nhs.net

Where are we?

Cygnnet Hospital Harrogate
23 Ripon Road, Harrogate,
North Yorkshire HG1 2JL

Phone number
01423 500599



CYG-991 | Date of Preparation: 28/08/24

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Trust

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