

Improving lives together

## Sheffield Day Services Supporting Individuals with Learning Disabilities, Autism, Physical Disabilities and Complex Health Needs

Now taking  
referrals

Sheffield Day Services specialises in supporting individuals with a primary diagnosis of a learning disability, in addition to those with complex health needs, physical disabilities and those with autism. We have a long history of enhancing the quality of life of the individuals who attend the service.

We have a focus on demonstrating outcomes and value through our activities, which are derived from our professionals, parents, carers and most importantly the individuals who spend their days with us.



Mixed  
gender



16+ years



50 placements

### The individuals we support:

- > Primary diagnosis of learning disabilities
- > May be a wheelchair user
- > May have complex physical disabilities and require specialist interventions such as PEG or NG feeding
- > May have autism
- > May have communication difficulties
- > Require full or part time, specialist day services
- > Will be living at home or in a community setting such as a residential home

## Our service at a glance

Our services are led by three key disciplines: occupational therapy, physiotherapy and speech and language therapy. Our multi-disciplinary approach allows us to develop a clear and focused activity plan that works towards maximising an individual's potential and gaining the inputs as needed from the on site dedicated clinical team.

With our staff and a clinical team, our staffing model provides one member of staff for every two individuals as a minimum. This allows us to deliver a meaningful activity plan for each individual. Our activity plans are person centred and co-produced, each one taking into account our guests likes, dislikes and comfort zone.

We have different groups that run in different areas of the service to cater to a multitude of social, sensory and support needs. We also have facilities to enable those who would prefer to complete activities alone, to do so with the support of staff.

We provide dedicated transport that is available to and from home, as well as for regular trips out and about into the community and further afield.

Our days are flexible and with the involvement of the individual and their carers, we maximise the time that is spent while they are with us. Our service provides flexibility for families and carers, with opening times from 9am to 5pm Monday to Friday. We are also able to provide a service to assess the needs of an individual, as a standalone service.

### Our facilities:

- > State of the art equipment designed to optimise sensory experience and heighten relaxation
- > Spacious sensory rooms
- > Soft zones
- > Arts & crafts areas
- > Hydrotherapy room with heated pool and hoist
- > Rebound therapy
- > Cinema rooms
- > Beauty and pamper room
- > Quiet zone
- > IT room
- > A fleet of buses to facilitate trips and outings

# Our activities

**Sign language sessions**



**Social stories**



**Bowls**



**Interactive flooring for games**



**Trips out**



**Music sessions**



**Independent living skills**



**Arts and Crafts**



**Fleet of buses for trips and outings**









"Thank you for your support and being understanding, accommodating and helpful. I have no words to explain how grateful I am."  
**Family member**

"My daughter has been using Day Services for several years and enjoys her time there immensely, staff are kind, friendly and caring and just like an extended family to us. We would genuinely be lost without Day Services who have come to mean a great deal to us all as a family."  
**Parent**

**Our community links:**

- > Pubs
- > Country parks
- > Zoos and wildlife parks
- > Museums
- > Seaside
- > Playing bingo
- > Bowling
- > Wheelchair Ice skating
- > Rock climbing
- > Adapted bikes – Hillsborough park
- > Canal boats – Barge boat
- > Shopping – Meadowhall
- > The Deep – Sealife world
- > Butterfly House



**Social Care Referrals**

For more information or to make a referral, please contact your regional Business Relationship Manager or email: [sc.referrals@cygnethealth.co.uk](mailto:sc.referrals@cygnethealth.co.uk)

- 1 Referral made to Cygnet Social Care and a desktop assessment is undertaken to review suitability for placement
- 2 If a suitable placement is identified, an assessment is arranged and undertaken by our specialist team
- 3 Feedback is provided on whether our service can meet the individual's needs
- 4 Detailed placement proposal is formulated to include care plans and funding information
- 5 Once placement is confirmed, transition plans are developed with all relevant stakeholders and admission date is agreed

## Where are we?

**Sheffield Day Services**  
Spa Lane, Woodhouse, Sheffield, South Yorkshire S13 7PG

**Phone number**  
0114 2691 177

