

Improving lives together

Specialist residential service for adults with learning disabilities, autism and complex needs

Good



Conifers is a specialist residential home providing outcome focused care for adults with a primary diagnosis of profound to moderate learning disability and autism with associated complex needs. We aim to provide a safe, comfortable and effective environment, promoting independence and community integration. Person-centred planning is at the heart of everything we do, based on each person's specific needs. We understand that consistency and continuity of care is important for the individuals we support.



Mixed gender



18+ years



7 beds

Our resident profile:

- > Adults from the age of 18 years
- > Individuals with a primary diagnosis of learning disabilities
- > May have a autism
- > May have communication challenges
- > May have associated complex needs
- > May have physical disabilities and require specialist mobility equipment



Our service at a glance

Conifers is a seven bed home with en-suite bedrooms located on the ground floor, enabling the team to support individuals who may be in a wheelchair.

The home is situated in a leafy village close to local amenities. Derby City Centre is 4 miles away and Nottingham City Centre is 14 miles away. Conifers is easily accessible due to good road and rail links.

As part of our care pathway, Conifers enables each individual to build upon their skills to achieve further independence, self-advocacy and confidence, leading to better quality of life.

Our team supports individuals in creating person-centred activity planners and developing daily living skills both inside the home and out in the community. Our staff use least restrictive practice approaches and are trained in specialised intervention techniques and sensory integration strategies.

We offer a wide variety of activities for individuals to choose from, including, community outings, sensory therapy, 1:1 activities or simply relaxing indoors listening to music.



Our community links:

- > Elvaston Castle Country Park
- > Pride Park Stadium
- > Derbion Shopping Centre
- > Nottingham Forest Football Club
- > Places of worship
- > Local shops, cafés and restaurants
- > Supermarkets
- > Good road and rail networks

Homely environment
with 24 hours support

Residents meetings take place monthly

Focused on reducing restrictive practice

Regular themed days and parties

Sessions with music tutor

Person-centred meal planning, including regular sensory food tasting

Consistently 100% of individuals achieve over 25 hours of activities each week

Independent advocate attends the service

Person-centred keyworker allocation, staff and resident interests are matched

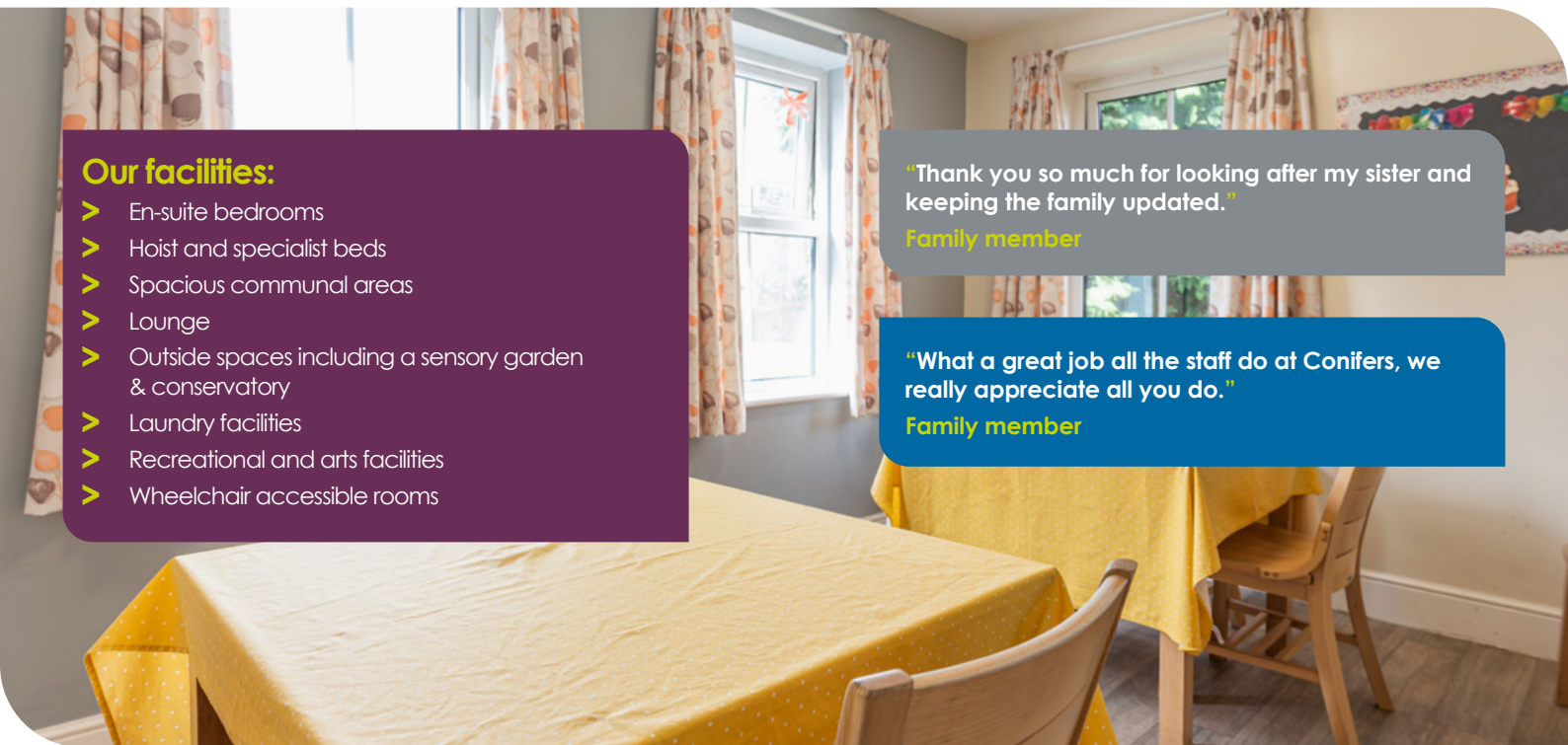
Spacious garden with outdoor activities including an therapy / activity annex

Easy read and other accessible information available

Community activities based on each individual's interests

Monthly pet therapy

Excellent location close to countryside and local towns



Our facilities:

- > En-suite bedrooms
- > Hoist and specialist beds
- > Spacious communal areas
- > Lounge
- > Outside spaces including a sensory garden & conservatory
- > Laundry facilities
- > Recreational and arts facilities
- > Wheelchair accessible rooms

"Thank you so much for looking after my sister and keeping the family updated."
Family member

"What a great job all the staff do at Conifers, we really appreciate all you do."
Family member

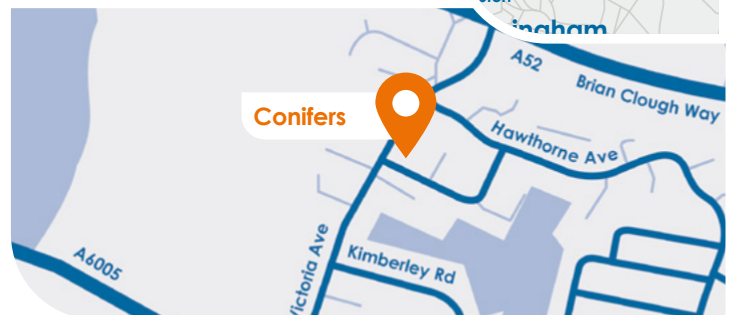


For more information or to make a referral, please contact your regional Business Relationship Manager or email: sc.referrals@cygnethealth.co.uk

Where are we?

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01332 417031



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