

Improving lives together

Specialist Residential Service for Adults with Learning Disabilities and Complex Needs

Good

Placements available
Now taking referrals



Located in Horsforth, a charming village in the suburbs of Leeds, Outwood is a specialist residential service for adults. We provide outcome focused care for individuals with learning disabilities and associated complex needs who may have behaviours that challenge.

We encourage and enable the individuals we support to lead a full and happy life. We work with them to ensure they have more choice and control in their lives. We find out their strengths, abilities and preferences so that the care provided can be as person-centred and meaningful to each individual as possible.



Mixed gender



18+ years



10 placements in 3 living units



Our resident profile:

- > Adults from the age of 18 years
- > Individuals with a primary diagnosis of learning disability accompanied with behaviours that challenge including mental illness
- > Individuals with a secondary diagnosis of personality disorder or autism
- > May have communication challenges
- > May have associated complex needs

Our service at a glance

Outwood consists of an 8 bed unit and two 1 bed single occupancy flats. The main unit has 8 en-suite bedrooms with 3 large communal lounges, a kitchen and dining room. The two flats are both self-contained for individuals to live independently in their own space with staff support. Externally there is a large garden which has plenty of space for individuals to participate in sports and games or just enjoying the outside space.

We ensure we involve family or advocates in an individual's care. We have high staffing levels at Outwood, this ensures that we are able to meet the changing needs of the residents as they progress through their care pathway.

The service is in a great location enabling the residents to benefit from excellent community facilities including shopping centres, cinemas, pubs & cafes. The residents are encouraged to be involved in the local community as much or as little as they wish to be.

In conjunction with the other local Cygnet residential services, we have some fantastic projects that residents can attend regularly including bakery, textiles and horticultural work. These projects introduce vocational and learning activities designed to give residents the opportunity to learn valuable skills and develop confidence in a safe and familiar environment.

Our community links:

- > Cinemas
- > Local parks
- > Community groups
- > Colleges
- > Shops, cafés and restaurants
- > Bowling
- > Short bus ride to Leeds City Centre
- > Excellent transport links and local amenities
- > Day services

Rated **'Good'** by the CQC

100% of individuals consistently achieve 25 hours of activity each week

Attending galas and other community events at Kirkstall Abbey

Supporting individuals to gain voluntary work in local charity shops

Supporting individuals to enhance their social skills and attend day services

Achieved the Dignity in Care award

Dignity in the heart, mind & actions
www.dignityincare.org.uk

Person-centred allocation of key workers

Supporting individuals to attend local colleges

Textiles project
This gives individuals the opportunity to learn to sew and create new things each week

Bakery project
At our on-site bakery project, individuals are taught how to make cakes and other sweet treats, whilst also learning about the safety aspect of a kitchen

Horticultural project
Learning how to grow produce of their own in a vegetable patch. Also learning the skills of taking care, feeding and cleaning the chickens

Feedback and resident survey results

100% of residents feel safe

100% of residents believe that staff treat them with respect and listen to the way they want to be supported

I am always impressed with the kindness, patience and professionalism that I observe when I see the team and residents on the street. - Neighbour

As always, please thank all staff for their patience and hard work that they do with our daughter, for the updates on the phone, and always making us feel very welcome when we visit. It is very much appreciated by us all. - Parent

100% of residents are happy with the activities that they do

Can you please pass on our thanks to all who helped making our grandson's birthday so special. It means a great deal to us all seeing the care and commitment shown to him. - Family member

Outwood's team have responded to resident's needs, the use of alternative strategies to physical intervention and that commitment to learning lessons, being reflective and being responsive to changes in behaviour. - Professional referring to a transition

100% of residents say that their care has made them feel better about their life

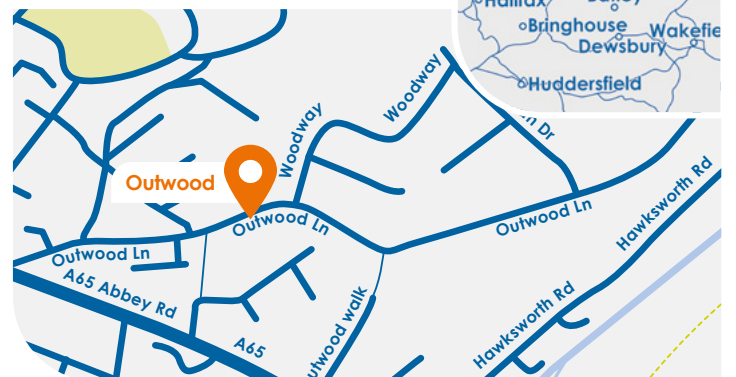


For more information or to make a referral, please contact your regional Business Relationship Manager or email: sc.referrals@cygnethealth.co.uk

- 1 Referral made to Cygnet Social Care and a desktop assessment is undertaken to review suitability for placement
- 2 If a suitable placement is identified, an assessment is arranged and undertaken by our specialist team
- 3 Feedback is provided on whether our service can meet the individual's needs
- 4 Detailed placement proposal is formulated to include care plans and funding information
- 5 Once placement is confirmed, transition plans are developed with all relevant stakeholders and admission date is agreed

Where are we?

Outwood
12 Outwood Lane, Horsforth, West Yorkshire LS18 4JA
Phone number
0113 2586144



CYG-893 | Date of Preparation: 20/12/24

Please visit cygnetgroup.com for more info | Follow us on social media:

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