

Improving lives together

# Specialist residential service for adults with autism and learning disabilities

The Squirrels, Hampshire

Good

Placements now available



The Squirrels is a specialist residential service for adults with autism and learning disabilities, who may present with behaviours that challenge. We aim to provide a safe, comfortable and effective care environment for those in our care, promoting independence and community integration.

We encourage and enable the people we support to lead a full and happy life. We work with them to ensure they have more choice and control in their lives. We find out their strengths, abilities and preferences so that the care provided can be as person-centred and meaningful to each individual as possible.



Mixed gender



18+ years



9 placements



## Our resident profile:

- > Adults from the age of 18 years
- > Individuals with a diagnosis of autism & learning disability
- > May present with behaviours that challenge
- > May have communication challenges
- > May have associated complex needs
- > May have an ECHP (Education Healthcare Plan)
- > May be subjected to DoLS (Deprivation of Liberty Safeguards) or Care Orders

## Our service at a glance

The Squirrels has 9 bedrooms with en-suite shower rooms; three on the ground floor and six on the first floor. The service has plenty of space, both inside and outside in the large garden. Communal living areas include a large lounge, dining room, a cinema room and activity room known as The Hub, as well as a couple of communal bathrooms and a sensory room. Externally in the large garden individuals are supported to take part in sports and activities as well as be able to relax and enjoy the peace and quiet.

The home is located in the beautiful village of Chilworth just a short distance from Southampton and its vast array of community facilities. There are pleasant woodland walks and parks on our doorstep along with the usual amenities you would expect to find in a village. The residents are encouraged to be involved in the local community as much or as little as they wish to be. As part of our care pathway, The Squirrels enables each individual to build upon their skills to achieve further independence, self-advocacy and confidence, leading to better a quality of life.

Our activity coordinator supports individuals in creating person-centred activity planners and developing daily living skills both inside the home and out in the community. The integrated multi-disciplinary team (MDT) consists of occupational therapy, speech and language therapy, psychology and psychiatry. Our staff use least restrictive practice approaches and are trained in specialised intervention techniques and sensory integration strategies.

## Our facilities:

- > Bedrooms with en-suite shower and toilet
- > 2 communal bathrooms
- > Large lounge
- > Multi-sensory room
- > Recreational and arts facilities
- > Large garden with outdoor seating
- > The Hub – includes a cinema room and activity room

**Easy read and other accessible information available to all residents**



**Independent advocate attends the service**



**Homely environment with 24 hours support**



**Links with local community** to support education, work placements and activities



Rated **'Good'** by the CQC



**Residents meetings take place monthly**



**Achieved the Dignity in Care award**  
in the heart, mind & actions  
[www.dignityincare.org.uk](http://www.dignityincare.org.uk)



**100%** of individuals feel safe



**Promoting family involvement** where appropriate




**Focused on reducing restrictive practice**



**On-site multi-disciplinary team**  
Consisting of occupational therapy, speech and language therapy, psychology and psychiatry



**100%** of residents say that staff are polite and treat them with respect



**100%** of individuals say that they are happy with their care



**100%** of residents say staff help them to do the things that are important to them




**"Thank you to all the staff, day and night, for looking after our son so well during a difficult episode for him. We don't know what we would do without you all."**  
Parents



**Our community links:**

- > Shops
- > Country parks
- > Woodland walks
- > Local beaches
- > QE2 Activity Centre – activity sessions and day services for those with autism, learning disabilities and sensory impairment



For more information or to make a referral, please contact your regional Business Relationship Manager or email: [sc.referrals@cygnethealth.co.uk](mailto:sc.referrals@cygnethealth.co.uk)

**Where are we?**

**The Squirrels**  
Manor Road, Chilworth, Hampshire SO16 7JE

**Phone number**  
02382 351 805



- 1** Referral made to Cygnet Social Care and a desktop assessment is undertaken to review suitability for placement
- 2** If a suitable placement is identified, an assessment is arranged and undertaken by our specialist team
- 3** Feedback is provided on whether our service can meet the individual's needs
- 4** Detailed placement proposal is formulated to include care plans and funding information
- 5** Once placement is confirmed, transition plans are developed with all relevant stakeholders and admission date is agreed

CYG-953 | Date of Preparation: 25/10/24