# Improving lives together

Specialist Residential Service for Adults with Learning Disabilities and Complex Needs

### Shear Meadow, Hertfordshire

## Good

Shear Meadow is a community residential home providing outcome focused care for adults with learning disabilities, who may have behaviours that challenge and associated complex needs.

We encourage and enable the individuals we support to lead a full and happy life. We work with them to ensure they have more choice and control in their lives. We find out their strengths, abilities and preferences so that the care provided can be as person-centred and meaningful to each individual as possible.





Shear Meadow is a bright, modern and relaxing service that consists of 4 self-contained apartments. Each has their own lounge, kitchen and en-suite bedroom with a shower. In addition, the service also has a number of central communal areas where individuals can meet and spend time with others including a large conservatory and a lounge with a communal television. Externally we have a lovely garden where individuals are supported to grow their own plants and vegetables.

The home is on the outskirts of the town of Hemel Hempstead, and within walking distance of the village of Bourne End in Hertfordshire. There are pleasant walks along the Grand Union Canal and Hemel Hempstead town centre offers a good selection of local shops and amenities. For local shops and pubs, Bourne End is only a few minutes walk away. Hemel Hempstead is easily accessible by both road and rail. The residents are encouraged to be involved in the local community as much or as little as they wish to be.



**4** Placements



18+ years

#### Our resident profile:

Mixed

gender

- > Adults from the age of 18 years
- Individuals with a primary diagnosis of learning disability accompanied with behaviours that challenge including mental illness or a forensic background
- Individuals with a secondary diagnosis of personality disorder or autism
- > May have communication challenges
- > May have associated complex needs

Individuals come to Shear Meadow for different reasons; they may require more support than can be provided in a supported living setting or they may be moving along their care pathway from a hospital placement. Whatever the reason, the team at Shear Meadow can offer specialist input based on individual need to deliver flexible and effective support.

#### Our community links:

- > Horse riding
- Local gym & swimming pool
- > Local library & cultural centres
- > Local cafés & restaurants
- > High street shops
- > Great public transport links





#### Our facilities:

- > 4 single occupancy apartments each equipped with own lounge and kitchen and en-suite bedroom
- Spacious garden with plants, vegetable patches and space for BBQs
- Communal lounge for residents to spend time together should they wish to





For more information or to make a referral, please contact your regional Business Relationship Manager or email: sc.referrals@cygnethealth.co.uk

- Referral made to Cygnet Social Care and a desktop assessment is undertaken to review suitability for placement
- If a suitable placement is identified, an assessment is arranged and undertaken by our specialist team
- Feedback is provided on whether our service can meet the individual's needs
- **4** Detailed placement proposal is formulated to include care plans and funding information
  - Once placement is confirmed, transition plans are developed with all relevant stakeholders and admission date is agreed



Where are we?

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  - Integrity

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