

Improving lives together

Specialist Residential Service for Adults with Learning Disabilities

The Orchards, Essex

Good

Now taking referrals

Based in Thorington, Essex, The Orchards supports men with a learning disability, and those who have complex needs and behaviours.

At The Orchards, each individual we support is unique, they have own goals, needs and interests. We work with each resident to ensure that their life is filled with activities that they enjoy, whilst also supporting them to develop their life skills to enable them to live independently. We are proud at The Orchards to have a great track record in enabling residents to step-down along their care pathway into supported living.



Male



18+ years



5 placements

Our resident profile:

- > Adults from the age of 18+ years
- > Individuals with a primary diagnosis of learning disability accompanied with behaviours that challenge including mental illness or a forensic background
- > Individuals with a secondary diagnosis of personality disorder or autism
- > May have communication challenges
- > May have associated complex needs



Our service at a glance

The Orchards is a detached property on a quiet residential street in Thorington, a small village in Essex, which has a pub and a café along with a village shop and post office. Just two miles away is Brightlingsea, where the residents regularly visit and make the most of the facilities in a typical seaside town. Nearby there are plenty of community facilities for individuals to access, including shops, colleges, a swimming pool and a local park in a pretty waterside setting. Clacton and Colchester are a short journey away, providing an extensive array of activities and places to visit.

Each individual has their own bedroom, which they are encouraged to personalise and decorate to show their individuality. The Orchards has a large living space and well equipped kitchen-dining area for residents to use. The kitchen-diner is the hub of the house where residents are encouraged to help prepare food and drinks for themselves and visitors. Developing self-care and daily living skills is a very important part of life at The Orchards.

Externally there is a large, well-maintained garden, where individuals participate in gardening and enjoy growing their own vegetables. The garden has a seating area for relaxing or hosting barbeques and an outdoor gym. The outside area at The Orchards also boasts an activities centre, where residents can take part in an array of activities including weekly clay sessions with a specialist tutor.

We understand that the relationships our residents have with their family and friends are very important and integral to their wellbeing. Therefore we ensure that we enable the individual to stay in touch with loved ones and can facilitate home visits, no matter the distance.



Rated 'Good' with the CQC 

Well equipped outdoor gym located in the garden



External tutor visits the service each week to teach clay sculpting and design. The residents have an extensive array of ornaments they have made that they are very proud of



Individuals are supported to go on holidays and day trips of their choice



Residents attend Supported Learning College for courses such as IT safety, cooking and construction



Supporting residents to visit places of worship



Host annual 'end of summer party' for residents and individuals from other local residential services



Regular themed days – residents celebrate by decorating the service and having parties



Promote family involvement and facilitate home visits regularly



Access to a private swimming pool for residents each week



Homely environment with 24/7 support



Our community links:

- > Pubs, cafés and restaurants
- > Local park on the waterfront
- > Shops
- > Beaches
- > Colleges
- > Excellent transport links
- > Swimming pool

Our facilities:

- > 5 large en-suite rooms
- > Activity centre
- > Full-size outside gym
- > Spacious garden with room for external activities and BBQs
- > Lounge
- > Dining room
- > Kitchen

"I would like to let you and your team know how pleased we are as a family. Our son spent the day with the whole family on Monday and everyone remarked afterwards how much calmer he seems and how his demeanour has changed already for the better in such a short space of time." **Family Member**

"We embrace each individual's uniqueness and ensure that we support them to live the life they want to." **Service Manager**



For more information or to make a referral, please contact your regional Business Relationship Manager or email: sc.referrals@cygnethealth.co.uk

- 1 Referral made to Cygnet Social Care and a desktop assessment is undertaken to review suitability for placement
- 2 If a suitable placement is identified, an assessment is arranged and undertaken by our specialist team
- 3 Feedback is provided on whether our service can meet the individual's needs
- 4 Detailed placement proposal is formulated to include care plans and funding information
- 5 Once placement is confirmed, transition plans are developed with all relevant stakeholders and admission date is agreed

Where are we?

The Orchards, Station Road, Thorrington, Essex CO7 8JA

Phone number 01206 250676



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