

Improving lives together

High dependency complex care service for adults with learning disabilities and complex needs and behaviours

Cygnnet Wallace Hospital, Dundee

NEW Beds

Coming in 2025



Cygnnet Wallace Hospital is expanding:

In Spring 2025, following extensive refurbishment and expansion, we will be opening 8 additional beds. With a further 2 self-contained flats opening later in 2025.

Situated in a residential area of Dundee, Cygnnet Wallace Hospital is a 10 bed specialist high dependency complex care service providing assessment and treatment for individuals with learning disabilities, with or without autistic spectrum disorder, as well as complex needs and behaviours.

The team can also support those who have additional mental or physical health needs, as well as those who have been detained under the Mental Health (Care and Treatment) (Scotland) Act. We accept emergency referrals and the team are experienced in managing them quickly and efficiently to ensure transition for service users is as smooth as possible.



Mixed Gender



18+ years



10 beds (additional 10 beds coming soon)

Our service user profile:

- > Primary diagnosis of learning disability and mental health complex needs
- > May have a secondary diagnosis of mild autism
- > May present with co-morbid presentations:
 - Challenging behaviour
 - Schizophrenia, depression, bi-polar disorder
 - Dual diagnosis
 - Complex needs and/or multiple diagnoses
- > May be detained under the Mental Health Act (Care and Treatment) (Scotland) Act 2003
- > May have a history of repeated hospital admissions
- > May have a forensic history

Our service at a glance

The team at Cygnnet Wallace Hospital work towards discharge from the point of admission, ensuring they work with individuals to create their own pathway to the community and more independent living. The integrated care pathways ensure each individual is supported to reach their full potential.

Cygnnet Wallace Hospital is a detached purpose-built building, which enables people to receive bespoke, person-centred support to move through a full recovery pathway. The service is split into multiple areas supporting individuals with different levels of need. This creates a care pathway within Cygnnet Wallace Hospital from more acute intensive support towards residential-based support, and finally transitional studio flats to prepare individuals for moving on. There are a number of good sized living areas, including lounges, dining areas and life skills kitchens, where individuals can develop their skills, as well as a garden to enjoy outdoor activities.

Cygnnet Wallace Hospital is located in the city of Dundee, which has an extensive array of community amenities to access, including leisure centres, social clubs, shops, colleges, and work placement settings. Service users can also enjoy walks and visits to the nearby botanical gardens and Discovery Quay.

The service has a dedicated activity coordinator who supports service users to have individual activity plans, which are created based on each person's likes and hobbies. Their goal is to enable each individual to structure their time, build relationships and establish a balance between therapy, self-care, work and leisure, as appropriate to their individual needs.



Breakfast club
ran by service user

Homely environment
with 24/7 support

Personalised swimming lessons
for service users

Supported on **person-centred day trips and outings**

Person-centred menu planning

On-site multi-disciplinary team
consisting of nurses, occupational therapy, speech and language therapy, psychologists, psychiatrists

Supporting individuals
to access the community

Animal therapy

Service users are supported to **grow plants in the garden**

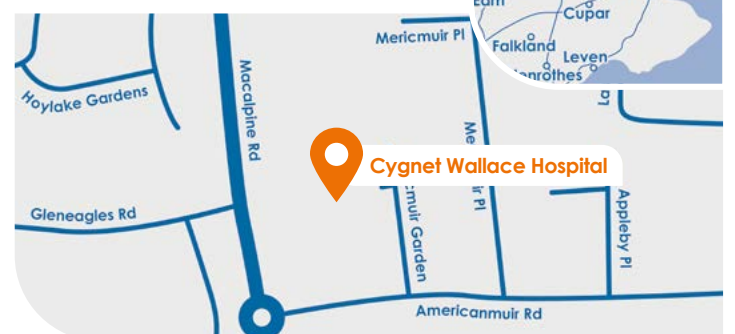


Make a referral

- 1 Referral made to your **regional Business Relationship Manager** or 0808 164 4450 / chcl.referrals@nhs.net
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Cygnets Wallace Hospital
119 Americanmuir Road,
Dundee DD3 9AG
Phone number
01382 819 910



CYG-1194 | Date of Preparation: 18/11/24

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Integrity

Trust

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Respect

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