

Improving lives together



# Specialist Residential Service with Nursing for Men with Learning Disabilities and Complex Needs

Old Leigh House, Essex

Good

Placements now available

Old Leigh House supports men living with a learning disability and complex needs. The team can also support those who have mental and physical health needs, as well as behaviours that may challenge and a history of offending.

Old Leigh House is a large semi-detached house, overlooking a park. The service has a choice of lounges and communal areas for residents to choose from and a small garden at the back of the house. The house has been specially adapted and has an accessibility lift for those individuals who come to us with mobility needs.



Male



18+ years



6 Placements



## Our resident profile:

- > Adults from the age of 18 years
- > Individuals with a primary diagnosis of learning disability
- > May present with behaviours that challenge
- > May have a forensic history
- > May have autism
- > May have mental or physical health needs

## Our service at a glance

Residents can enjoy a wide range of activities at the seaside towns nearby, with many coastal walks to enjoy, as well as some lovely beaches. They can also visit the shops or take part in local activities, such as bowling, going to the theatre, visiting the zoo, go karting or going to the cinema. The service also benefits from being within easy access to two main train lines into London.

Old Leigh House has a dedicated occupational therapist and activity coordinator who support residents to have individual activity plans, created based on each person's likes and hobbies.

Their goal is to enable residents to structure their time, build relationships and establish a balance between therapy, self-care, work and leisure, as appropriate to their individual needs.

Individuals come to Old Leigh House for different reasons; they may require more support than can be provided in a supported living setting or they may be moving along their care pathway from a hospital placement. Whatever the reason, the team at Old Leigh House can offer specialist input based on individual need to deliver flexible and effective support.



★ ★ ★ ★ ★  
 Rated 'Good' with the CQC

Easy read and other accessible information available to all residents

Achieved the Dignity in Care Award

*Dignity*  
 in the heart, mind & actions  
 www.dignityincare.org.uk

Supporting regular home visits to celebrate family occasions

Therapeutic earnings scheme available within the service. Residents can apply for paid work within the service including cleaning the unit vehicle and cleaning windows

24/7 nursing team

In-house Multi-Disciplinary Team consisting of Nurses, Occupational Therapy, Speech and Language Therapy

Person-centred meal planning, including shopping and cooking

Links with local community for education, work placements and activities

10 min walk to local beach

Supporting individuals to build friendship groups in the local community

Weekly resident house meetings attended by the advocate



**Our community links:**

- > Excellent transport links to London
- > Colleges
- > Bowling
- > Shops
- > Theatre
- > Coastal walks and beaches

I feel safe, I get on with everyone.  
 - Resident

The staff are kind, I want to stay living here.  
 - Resident

"I feel the staff caring for my son are very competent and they go above and beyond in order to do their job in the best way."  
 - Family member



For more information or to make a referral, please contact your regional Business Relationship Manager or email: [sc.referrals@cygnethealth.co.uk](mailto:sc.referrals@cygnethealth.co.uk)

**Where are we?**

**Old Leigh House**  
 3 Old Leigh Road, Leigh-on-Sea, Essex SS9 1LB  
**Phone number**  
 01702 711 111



- 1 Referral made to Cygnet Social Care and a desktop assessment is undertaken to review suitability for placement
- 2 If a suitable placement is identified, an assessment is arranged and undertaken by our specialist team
- 3 Feedback is provided on whether our service can meet the individual's needs
- 4 Detailed placement proposal is formulated to include care plans and funding information
- 5 Once placement is confirmed, transition plans are developed with all relevant stakeholders and admission date is agreed

CYG-629 | Date of Preparation: 07/10/22

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