

Improving lives together

## Specialist residential service with nursing for adults with learning disabilities and complex needs

Good

Placements available  
Now accepting referrals

Willow House is a specialist residential service with nursing for adults with learning disabilities, complex needs and behaviours that may challenge.

We also support individuals who have associated mental and physical health needs, including those with a secondary diagnosis of autism. With our in-house qualified Mental Health and Learning Disability Nurses (RMN's and RNLD's), we can provide specialist nursing care and support, which is tailored to the needs of the individual. We can also offer bespoke packages including Speech and Language Therapy input for individuals that may require it.

We aim to promote increased independence and community integration for the individuals in our care.



Mixed Gender



18+ years



8 beds



### Our resident profile:

- > Male and female, aged 18+ years
- > Primary diagnosis of learning disability
- > May require nursing support
- > May have mobility needs
- > May have autism
- > May have complex mental and physical health needs
- > May have behaviours that challenge

## Our service at a glance

Located within the community of Edgbaston in Birmingham, Willow House is a spacious detached house with two comfortable living areas, a dining room and a conservatory where individuals can have private time with their families, friends or other visitors. Everyone has their own en-suite bedroom, which they are encouraged to personalise and decorate to make their own. There is a life skills kitchen where residents can plan and cook meals for themselves and their visitors. Willow House also has a spacious garden with seating areas for relaxing outside with friends.

Willow House is well connected by bus to Birmingham city centre, and individuals are supported to visit shops, the large library, local museums and restaurants. Nearby Cadbury World is also very popular. The activity coordinator leads monthly trips to local historic and cultural sights, which everyone enjoys. The city centre offers excellent rail links to neighboring cities and further afield.

The team at Willow House aim to promote individuals' independence. They do this by working closely with residents to ensure that their wishes, needs and interests are met. Willow House has regular house meetings where they discuss a wide range of topics from meal planning to arranging their social calendars.

Individuals may come to Willow House for many reasons. We can provide a safe and homely environment for individuals on a pathway to more independent living, or, for those who may require a higher level of support than a residential setting can offer. Individuals may also come to us from hospital or from home.



★ ★ ★ ★ ★  
 Rated 'Good' by the CQC

**A homely environment** with 24 hour nursing support

Attend specialist **club nights and discos** at a nearby community centre

Supporting individuals to **enhance their skills and their social circles**

Regular parties and family visits to **celebrate special occasions and birthdays**

Regular trips to a local venue for **quizzes, karaoke and live music**

Sustainability project for residents to **plant and grow their own vegetables**

**Easy read and other accessible information** available to all residents

**Art therapy sessions** provided in-house

**Monthly house meeting** for individuals to have their say, including 'you said, we did'

**Weekly psychical therapist visits** for tennis, fitness and coordination skills

**Independent advocate** attends the service weekly

Support residents on **person-centred holidays and trips**

Consistently **100%** of individuals achieve 25 hours of activities each week

Supporting individuals to attend sessions at a local learning disability charity to help **increase their independent living skills** eg, cooking & budgeting



**Our facilities:**

- > En-suite bedrooms (each with a wet room)
- > Therapy kitchen
- > Variety of activity areas
- > Dining room
- > Lounge
- > Garden
- > Ground floor bedrooms
- > Lift
- > Quiet lounge
- > Laundry room

**Our community links:**

- > Birmingham city centre
- > Cafés and restaurants
- > Museums
- > Shops
- > Library
- > Cadbury World
- > Forgemill farm
- > Sandwell Aquatics Centre
- > Harborne village Social Club
- > Birmingham Hippodrome
- > Bowling



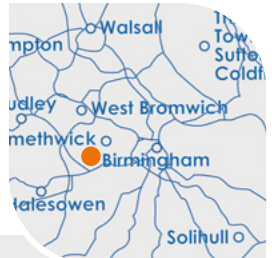
For more information or to make a referral, please contact your regional Business Relationship Manager or email: [sc.referrals@cygnethealth.co.uk](mailto:sc.referrals@cygnethealth.co.uk)

- 1 Referral made to Cygnet Social Care and a desktop assessment is undertaken to review suitability for placement
- 2 If a suitable placement is identified, an assessment is arranged and undertaken by our specialist team
- 3 Feedback is provided on whether our service can meet the individual's needs
- 4 Detailed placement proposal is formulated to include care plans and funding information
- 5 Once placement is confirmed, transition plans are developed with all relevant stakeholders and admission date is agreed

**Where are we?**

**Willow House**  
 229 Portland Road, Edgbaston, Birmingham, West Midlands B17 8LS

**Phone number**  
 0121 420 0210



CYG-701 | Date of Preparation: 23/12/24