

Improving lives together

Now  
accepting  
referrals



Clarion Ward at Cygnet Nield House is our complex personality disorder service for women with a dual diagnosis of personality disorder and co-morbid disordered eating. Both aspects can be treated simultaneously, with the appropriate specialist therapeutic input provided.

The service offers a phased treatment pathway which aims to help the service user understand and plan their journey through treatment. Clarion Ward focuses on the need for treatment to be collaborative with service users, taking account of individual needs, driven by multi-disciplinary understanding, support and interventions. This allows the women we support to progress through the service and increase their quality of life and functioning.



Scan the QR code or click here  
to take a virtual tour of Cygnet Nield  
House



Female



18+ years



14 beds

### Our service user profile:

- > Female, aged 18+ years
- > Primary diagnosis of emotionally unstable personality disorder (other personality disorder types will be considered)
- > Meet the diagnostic criteria for EUPD patients with co-morbid disordered eating
- > BMI >16 and medically stable (including risks associated with EUPD)
- > May be detained under the Mental Health Act or informal
- > May present with co-morbid presentations:
  - Self-harm
  - Self-neglect
  - History of substance misuse
  - Complex needs
  - Disordered eating
- > May have a history of trauma and/or abuse
- > May have experienced previous placement breakdowns



### Our therapies and interventions:

- > Trauma Recovery Empowerment Model
- > Compassion Focussed Therapy
- > Radically Open-Dialectical Behavioural Therapy (RO-DBT)
- > Informed Dialectical Behaviour Therapy (DBT)
- > The Flash Technique
- > Eye Movement Desensitisation Reprocessing

### Our multi-disciplinary team:

- > Consultant Psychiatrist
- > Psychologist
- > Assistant Psychologist
- > Occupational Therapist
- > Dietitian
- > Hospital Manager
- > Trainee Psychologist
- > Registered Mental Health Nurses (RMN)
- > Registered General Nurses (RGN)
- > Healthcare Support Workers
- > Therapy Co-ordinator



## Feedback and compliments:



"I had the best care ever, and met angels on earth who helped me get through rough times. Thank you for giving me my life back."

- former service user

"This is one of the nicest hospitals I have been admitted to. Private, en-suite bedrooms which are clean and comfortable. Activities and days out are provided to encourage patients to get involved. Lovely planted garden area to spend time in." - former service user

"I have gone from the very stubborn girl who wouldn't admit to her struggles to someone now fighting her fears one bite at a time. I have recently started exposure therapy with the dietitian, alongside completing a meal journal. If someone would have said to me a few months ago to try this, I would have said no way and broke down in tears. However, with the help from the amazing team at Cygnet Nield House, I have got to a point where I'm finally taking the leap of faith." - service user



"I am incredibly grateful beyond words for the support I am receiving from the team here at Cygnet Nield House and my wonderful inspiring peers." - service user

"All of the staff are outstanding. Their care, kindness and 1 to 1 chats make you whole again" - former service user

"I had the best care ever, and met angels on earth who helped me get through rough times. Thank you for giving me my life back." - former service user



# Model of Care for our Personality Disorder Services



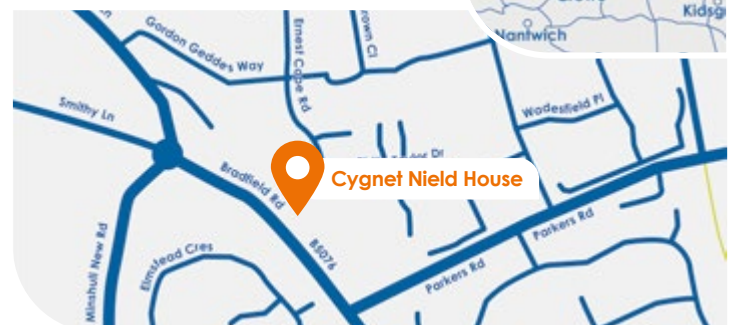
## Make a referral

- 1 Referral made to **regional Business Relationship Manager** or 0808 164 4450 / [chci.referrals@nhs.net](mailto:chci.referrals@nhs.net)
- 2 Assessment arranged and undertaken via our assessment team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

## Where are we?

**Cygnets Field House**  
Barrows Green, Bradfield Road,  
Crewe, Cheshire CW1 4QW

**Phone number**  
01270 696510



CYG-799 | Date of Preparation: 14/02/25

Please visit [cygnetgroup.com](http://cygnetgroup.com) for more info | Follow us on social media:

Integrity

Trust

Empower

Respect

Care