

Improving lives together



# Acute Service for Women

**Bramley Ward, Cygnet Appletree, County Durham**

Accepting Referrals

**Bramley Ward at Cygnet Appletree is our 15 bed acute mental health service for women. The service provides a safe and stabilising environment for individuals who are experiencing an acute episode of mental illness and require an emergency admission.**

The ethos of this service is about assessing and treating people in the least restrictive environment and planning for discharge in a robust and timely fashion. With a focus on stabilisation, we will support individuals to manage their mental health, reinforce daily living skills and prepare for independent life back in the community.

Our team work closely and collaboratively with service users, their families and the referrer to provide a seamless pathway from referral to discharge. Our approach is recovery focused and supported by a comprehensive multi-disciplinary team, contributing to shorter lengths of stay.



Female



18+ years



15 beds

## Our service user profile:

- > Women, aged 18+ years
- > May be informal or detained under the Mental Health Act
- > Experiencing an acute episode of mental illness requiring a crisis admission
- > Diagnoses may include:
  - Acute mental illness
  - Acute depressive illness
  - Psychosis
  - Schizophrenia
  - Bi-polar disorder
  - Personality disorder
  - Dual diagnosis
- > May present with co-morbid presentations:
  - Self-harm
  - Substance misuse issues
  - Complex needs

**“ I can't thank you all enough for the support and compassion you have given during my admission. - Former service user ”**



**1** Referral made to Cygnet bed hub via **0808 164 4450 / [chcl.referrals@nhs.net](mailto:chcl.referrals@nhs.net)**

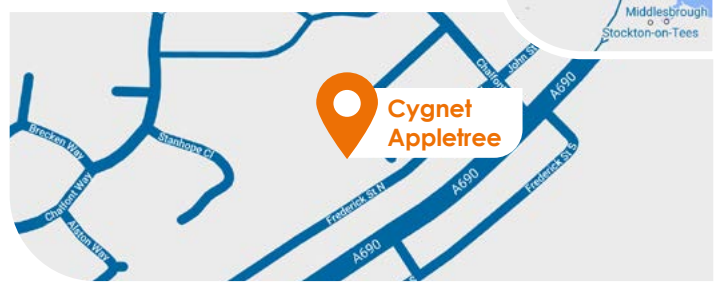
**2** Feedback provided on whether our services can meet the service user's needs within 1 hour of receipt of full clinical information

**3** Admission agreed and arranged with referring team following confirmation of funding

**For All PICU and Acute Referrals (Adults and CAMHS)**  
**0808 164 4450**  
**[chcl.referrals@nhs.net](mailto:chcl.referrals@nhs.net)**

## Where are we?

**Cygnet Appletree**  
Frederick Street, Meadowfield, County Durham, North East DH7 8NT  
**Phone number**  
0191 378 2747



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