

Improving lives together

Acute Service for Women

Upper Oakwood,
Cygnnet Hospital Godden Green, Kent

Accepting referrals



Upper Oakwood at Cygnnet Hospital Godden Green, is a small and supportive 6 bed mental health acute service for women. The aim of Upper Oakwood is to work with service users to plan for their discharge out of hospital.

The ethos of our service is about assessing and treating people in the least restrictive environment and planning for discharge in a robust and timely fashion. With a focus on stabilisation, we support individuals to manage their mental health, reinforce daily living skills and prepare for independent life back in the community.

Our team works closely and collaboratively with service users, their families and the referrer to provide a seamless pathway from referral to discharge. Our approach is recovery focused and supported by comprehensive multi-disciplinary teams, contributing to shorter lengths of stay.



Female



18+ years



6 beds

Our service user profile:

- > Women, aged 18+ years
- > May be informal or detained under the Mental Health Act
- > Experiencing an acute episode of mental illness requiring a crisis admission
- > Diagnoses may include:
 - Acute mental illness
 - Acute depressive illness
 - Psychosis
 - Schizophrenia
 - Bi-polar disorder
 - Personality disorder
 - Dual diagnosis
- > May present with co-morbid presentations:
 - Self-harm
 - Substance misuse issues
 - Complex needs

"Thank you to all the staff who looked after me during my stay at Godden Green. I had lovely experiences with the Activity team who provide really meaningful activities. Working in the garden was my highlight" **Former service user**



1

Referral made to Cygnnet bed hub via 0808 164 4450 / chcl.referrals@nhs.net

2

Feedback provided on whether our services can meet the service user's needs within 1 hour of receipt of full clinical information

3

Admission agreed and arranged with referring team following confirmation of funding

For All PICU and Acute Referrals (Adults and CAMHS)

0808 164 4450
chcl.referrals@nhs.net

Where are we?

Cygnnet Hospital Godden Green
Godden Green, Sevenoaks, Kent TN15 0JR

Phone number
01732 763491



Cygnnet Hospital Godden Green

CYG-784 | Date of Preparation: 01/10/24

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Integrity

Trust

Empower

Respect

Care