## Improving lives together

# **Acute Service for Women**

Hooper Ward, Cygnet Hospital Beckton, London

Hooper Ward is Cygnet Hospital Beckton's 13 bed acute mental health service for women. The service provides a safe and stabilising environment for individuals who are experiencing an acute episode of mental illness and require an emergency admission.

The ethos of this service is about assessing and treating service users in the least restrictive environment and planning for discharge in a robust and timely fashion. With a focus on stabilisation, we support service users to manage their mental health, reinforce daily living skills and prepare for independent life back in the community.

Our team work closely and collaboratively with service users, their families and the referrer to provide a seamless pathway from referral to discharge. Our approach is recovery focused and supported by a comprehensive multi-disciplinary team, contributing to shorter lengths of stay.

#### **Our Model of Care**

Stage 1 Admission & Assessment Understanding me (72 hours)

Stage 2 Formulation

Stage 3

**Treatment** My Independence (1 - 4 weeks) Stage 4

**Transition & Discharge** My Future (4 - 8 weeks)







18+ years



13 beds

service

#### Our service user profile:

- > Women, aged 18+ years
- May be informal or detained under the Mental Health Act
- > Experiencing an acute episode of mental illness requiring a crisis admission
- Diagnoses may include:
  - Acute mental illness
  - Acute depressive illness
  - **Psychosis**
  - Schizophrenia
- May present with co-morbid presentations:
  - Self-harm
- Complex needs

Bi-polar disorder

**Dual diagnosis** 

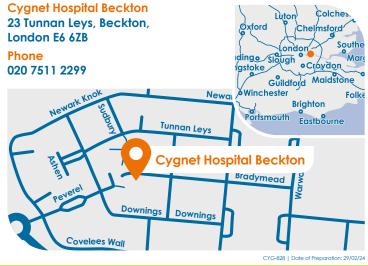
Personality disorder

Substance misuse issues





### Where are we?



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