# Improving lives together

# Specialist Neuropsychiatric Service for Men

Cygnet Paddocks, Widnes



Cygnet Paddocks is our new specialist Neuropsychiatric Rehabilitation service for men. The service provides a dedicated care pathway for men affected by acquired brain injury (ABI) or neurological conditions, where behaviours that challenge are the overarching impairment to recovery and rehabilitation.







Cygnet

# Our service user profile:

- Men aged 18+ affected by an ABI or neurological condition where challenging behaviour is the leading impairment
- Men with complex presentations who could have co morbid mental health diagnoses, neurological or non-epileptic seizures
- May be detained under the Mental Health Act, informal or subject to Deprivation of Liberty Safeguards (DoLs)
- > May have a forensic history

- > With a diagnosis of:
  - Established or suspected Acquired Brain Injury including those sustained through trauma, anoxia, stroke, tumour, virus or infection
  - Specialist Dementia e.g.
     Frontotemporal Dementia
  - Established or suspected neurodegenerative condition including Huntington's Disease
  - Alcohol Related Brain Disease

- > Presenting symptoms may include:
  - Dysphasia or other communication problems
  - Dysphagia with or without the requirement of PEG support/ modified diets
  - Moderate to severe cognitive impairment
  - Mobility impairments
  - Psychiatric disorders including psychoses
  - Organic personality disorder

# Our service at a glance

The individually designed wards replicate the well-established rehabilitation and treatment pathways already successfully offered by Cygnet in other Neuropsychiatric Rehabilitation services; facilitating a clear and distinctive care and treatment pathway led by an all-encompassing in-house clinical and medical team.

We ensure person-centred outcomes are maximised through inter-disciplinary working, whilst keeping the individual at the heart of their discharge planning.

This service is able to accept individuals using a variety of legal frameworks, including those under the Mental Health Act.

Cygnet Paddocks is located in Widnes, in the North West. The local area has many parks and nature reserves, and the service is well connected by public transport to nearby supermarkets, cafés and leisure activities.



# Our in-house interdisciplinary team:

- > Neuropsychiatrist / Psychiatrist
- > Specialty Doctors
- > Neuropsychologist / Psychologist
- > Occupational Therapists
- > Speech and Language Therapists
- > Physiotherapist
- > Clinical Hospital Manager
- > Clinical Head of Care
- Nurses across RMN/RGN/RNLD disciplines
- > Support Workers

Service name chosen by service users at Cygnet Pindar House



Co-produced model of care to underpin each individuals care planning



Offering a pathway to independent or community living

Promoting community skills such as using public transport and road safety



In-house comprehensive interdisciplinary team



Fully equipped physical therapy room



Large garden including plenty of space for outdoor activities





## Our facilities:

- En-suite individual bedrooms
- Ground floor bedrooms
- > Therapy kitchen and additional therapy spaces
- Dining room
- Communal lounges
- Quiet rooms
- > Fully equipped physical therapy room
- > Multi-functional outdoor space including gardens
- > IT room
- Accessible bathrooms
- On-site laundry facilities
- > Visitor room
- Specific dietary needs met by our in-house catering team



For more information or to make a referral please call 0808 164 4450 or email chcl.referrals@nhs.net

### Our referral process:

- Referral made to Cygnet referrals team via 0808 164 4450/chcl.referrals@nhs.net
- Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement



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Please visit cygnetgroup.com for more info | Follow us on social media:

