

Press Release Immediate Release 23 July 2024

Cygnet Maple House Hosts Summer Festival

Patients, staff and loved ones at Cygnet Maple House, a mental health hospital in Nottinghamshire, held their first summer festival, dubbed Maple Fest.

Cygnet Maple House, on Kneeton Road, East Bridgford, is a 16 bed hospital for women with personality disorder and complex needs. It is part of the Cygnet Health Care division and opened in September 2023.

Their summer festival – Maple Fest - was attended by patients, their family and friends, as well as external professionals involved in their care.

There was live music performances from four singers including two professional singers, a staff member and a patient. There was an ice cream van, mocktails, a photo booth, BBQ, circus act, and face painting. A carer's tent also provided useful information for family members.

The feedback from patients, families and professionals was really positive. One family member said: "This is the nicest hospital, we have never had anything like this before when our daughter has been at other services."

Nicola Mullender, Hospital Manager, said the aim of the fun day was to give service users the opportunity to participate in various leisure activities by encouraging social interaction with others.

She added: "It was a wonderful day, hosting our first ever summer festival. One patient described the day as 'the best day of my whole life' and to have that feedback was incredible.

"We know how important these events are for the women, they bring a sense of normality and fun, and provide an opportunity for families and carers to come in and celebrate with us.

"Seeing both service users and staff take part in such a large event, it was such an amazing experience. The entire team went above and beyond to make it such a special event for the people who use services and staff at the hospital. "The weather was on our side and the atmosphere was electric. It was a breath of fresh air to see the co-produced work for the event and to see everyone enjoying themselves together.

"Well done to all who organised and attended. We plan to host many more events for our families and service users throughout the rest of the year."

Ends

Notes to Editors:

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