

Improving lives together

Specialist High Dependency Complex Care Service for Men with Learning Disabilities

Redwood Ward,
Cygnet Hospital Taunton, Somerset

Good



New Beds
Taking
Referrals
Now

Redwood Ward at Cygnet Hospital Taunton is an 11 bed high dependency complex care service for men with learning disabilities and / or autism, and associated complex needs who may also have behaviours that challenge.

Each individual in our care embarks on a tailored care pathway designed to help them build essential skills for transitioning to a more independent setting within the community. Our ward includes a transitional pathway that supports individuals in planning for their discharge and next steps.

With a focus on discharge from the outset, the team place the individual at the heart of their own care, developing collaborative plans detailing achievements and progress towards transition to the next step on their recovery journey. We support individuals who may have had a placement breakdown in a placement, in a hospital or community setting.



Male



18+ years



11 beds

Our service user profile:

- > Primary diagnosis of learning disability and/or autism, and mental health complex needs
- > May present with co-morbid presentations:
 - Complex needs and/or multiple diagnoses
 - Challenging behaviour
 - Personality disorder, schizophrenia, depression, bi-polar disorder
 - Dual diagnosis
- > May be detained under the Mental Health Act or informal
- > May have a history of repeated hospital admissions
- > May have a forensic history, and/or be stepping down from a secure pathway



Our multi-disciplinary team:

- > Consultant Psychiatrist
- > Specialty Ward Doctor
- > Psychologist
- > Nurses (RNLD, RMN & RGN)
- > Healthcare Support Workers
- > Occupational Therapist
- > Social Worker
- > Speech and Language Therapist
- > Occupational Therapy Assistants
- > Mental Health Act Administrators
- > Clinical Administrator
- > Independent Mental Health Advocates

Our service at a glance

The service is set in 10 acres of land surrounded by farmland. This quiet and tranquil setting is perfect for service users to enjoy the countryside. With great transport links, the team encourage and support individuals to be part of the local community. Taunton town centre offers contrast to the quieter country life with market places, shopping malls and many other entertainment areas such as restaurants, theatres and cinemas.

Inside the service each individual has their own en-suite bedroom, communal spaces including lounge, dining room, conservatory and a therapy room. Externally there is a sensory garden, horticultural area where service users are learning how to grow their own herbs, as well as plenty of outdoor space for parties, sports and BBQs.

In addition, we are able to work with individuals who may present with specific high risks through the use of evidence based risk assessments. The team supports individuals in behaviour management, emotional regulation and offence-related work.

Redwood Ward supports the provision of care closer to home for men with a learning disability, and further strengthens our national network of specialist pathways.

★★★★★
Rated 'Good'
by the CQC



80% of individuals discharged in last 2 years have been stepping down their care pathway into a community facing setting

Supporting individuals who are on their care pathway to **independent living**

MDT offer drop in sessions on top of scheduled therapy



Regular community meetings, individuals have their say on the way the service is run including making plans for the week ahead



Undergoing RPSYCH QNLD accreditation for completion in 2025 - involving positive peer review feedback



Easy read and other accessible information available to service users



Wide range of activities chosen by service users

Person-centred meal planning including shopping and cooking in the therapy kitchen



Supporting individuals to gain voluntary work in the community



On site allotment for service users



Our community links:

- > Local town centres of Taunton and Exeter
- > Voluntary work placements
- > Leisure centre / gym
- > Cinema and shopping
- > Men in Sheds
- > Restaurants and cafés
- > Countryside walks
- > Close relationship with Taunton Football Club
- > Local YMCA for recreational activities

Our facilities:

- > En-suite bedrooms
- > Spacious communal lounge
- > Garden with outside seating including a horticultural area
- > Social space conservatory, with activities and games
- > Dining room
- > Therapy kitchen
- > Conservatory
- > Internal sensory garden
- > Social Hub
- > In-house library
- > Allotment

Make a referral

- 1 Referral made to your **regional Business Relationship Manager** or 0808 164 4450 / chcl.referrals@nhs.net
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Cygnets Hospital Taunton
Orchard Portman, Taunton,
Somerset, South West TA3 7BQ
Phone number
01823 336 457



CYG-925 | Date of Preparation: 05/09/24

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Integrity

Trust

Empower

Respect

Care