

Improving lives together

Supported Living Single Occupancy Service in Preston, Lancashire



Now taking referrals

We know how important it is for individuals to have the right support so they can live the life they want to live.

We support individuals with learning disabilities, autism, mental health needs and behaviours that challenge. Individuals are supported to hold their own tenancy agreement with a registered housing association. Individuals who are interested in living here may have previously been detained within a hospital setting and are ready for a step-down placement within their local community.



Male or Female



1 tenancy



18+ years

People we support:

- > Diagnosis of learning disability and / or autism
- > May have associated mental health needs
- > Behaviours that may challenge
- > Communication challenges



Nestled in Lancashire, north west England, Preston offers a blend of historical landmarks, vibrant culture, and scenic beauty.

The service is a single occupancy house with its own garden and good transport links to community facilities. The City features the iconic Harris Museum & Art Gallery, alongside the picturesque Avenham Park.

There are an array of pleasant walking and cycling paths that run through Avenham and Miller Parks, beside the River Ribble.

Offering experienced, trained staff twenty-four hours a day, the service benefits from a shared core staffing team.

Each tenant would be allocated an experienced and consistent staff team and training is bespoke to individual support needs which enables tenants to live as independently and safely as possible.

"I have lived at different facilities but this is the first place I truly call home. I have not had a mental health or drug relapse since moving to my own home thanks to Cygnet and the staff team have really supported me. The staff really care for you and at the same time help you live independently. I am feeling really positive about my future now thanks to the team here."

Resident in Supported Living

How we support individuals:

Helping people to **build relationships and access whatever community activities they would like to take part in**



Providing **person-centred practical help for individuals** - such as training and support on how to manage their home, their money, gardening, housework and healthy living



Helping individuals to **set goals as part of their support plan**



Working with individuals to **find out their strengths, abilities and preferences**

We get to know the residents, their families, carers advocates and other people who are important to them and their care and support



Working with individuals to **help them achieve their goals**



Supported Living in Preston

Preston is a vibrant city in Lancashire. It offers a wide range of amenities, such as parks, cinema complex and independent shops. The city has excellent transport links, including rail and bus services, which provide easy access to nearby cities like Manchester and Liverpool.

Preston
1 tenancy

Registered address:
North West Supported Living, London Road,
Oak Grove, Macclesfield SK11 0JG



For more information or to make a referral, please contact your regional Business Relationship Manager or email: sc.referrals@cygnethealth.co.uk

- 1 Referral made to Cygnet Social Care and a desktop assessment is undertaken to review suitability for placement
- 2 If a suitable placement is identified, an assessment is arranged and undertaken by our specialist team
- 3 Feedback is provided on whether our service can meet the individual's needs
- 4 Detailed placement proposal is formulated to include care plans and funding information
- 5 Once placement is confirmed, transition plans are developed with all relevant stakeholders and admission date is agreed



CYG-1550 | Date of Preparation: 16/10/24

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