

Improving lives together

Supported Living Service in Darlington

Placements
now
available

Situated in the heart of the local community in Darlington this 4 bedroom bungalow supports adults with learning disabilities, autism, mental health needs and behaviours that challenge.



Mixed
Gender



4 tenancies



18+ years

Supported Living is an important step towards independence. We know how important it is for individuals to have the right support so they can live the life they want to live. We support individuals with learning disabilities, autism, mental health needs and behaviours that challenge. Individuals are supported to hold their own tenancy agreement with a registered housing association. Individuals who are interested in living here may have previously been detained within a hospital setting and are ready for a step down placement within their local community.

People we support:

- > Diagnosis of learning disability and / or autism
- > May have associated mental health needs
- > Behaviours that may challenge
- > Communication challenges



Cygnets Social Care are experienced in supporting individuals who may lack capacity to choose where they live and would work closely alongside our commissioning partners to ensure that correct legal frameworks are in place in order for them to live successfully in the community.

Offering experienced, trained staff twenty-four hours a day, the service benefits from a core staffing team. Each tenant would be allocated an experienced and consistent staff team and training would be bespoke to individual support needs which enables tenants to live as independently and safely as possible.

When individuals come to Supported Living in Darlington, we take the time to get to know them, their preferences, as well as their hopes and dreams for the future. We support individuals with a personal discharge plan to achieve their goals and aspirations and ensure they feel they are in control of their own life.



Our community links:

- > Local shops and supermarkets
- > Good rail links
- > Local parks
- > Cinema
- > Leisure centre

How we support individuals:

Helping individuals to **build relationships and access whatever community activities they would like to take part in**



Providing **person-centred practical help for individuals** - such as training and support on how to manage their home, their money, gardening, housework and healthy living



Easy read and other **accessible information available to individuals**



Working with them to **find out their strengths, abilities and references**



We get to know them, their families, carers advocates and other people who are important to them and their care and support



Helping individuals to **set and achieve goals as part of their support plan**



Supported Living in Darlington

Darlington is a historic market town in County Durham, known for its railway heritage and strong community. The town has excellent transport connections, with direct rail links to major cities like Newcastle and York. Darlington has several green spaces, such as South Park and West Park, the town also has lots of community centers, support groups, and leisure facilities.

Darlington
4 tenancies

Registered address:
118 Woodland Road, Darlington, Co Durham,
North East DL3 9AG
T: 01325 637722



For more information or to make a referral, please contact your regional Business Relationship Manager or email:
sc.referrals@cygnethealth.co.uk

- 1 Referral made to Cygnet Social Care and a desktop assessment is undertaken to review suitability for placement
- 2 If a suitable placement is identified, an assessment is arranged and undertaken by our specialist team
- 3 Feedback is provided on whether our service can meet the individual's needs
- 4 Detailed placement proposal is formulated to include care plans and funding information
- 5 Once placement is confirmed, transition plans are developed with all relevant stakeholders and admission date is agreed



CYG-623 | Date of Preparation: 16/10/24

Please visit cygnetgroup.com for more info | Follow us on social media:

Integrity

Trust

Empower

Respect

Care