

Improving lives together



Specialist PICU for Men

Nash Ward,
Cygnet Hospital Kewstoke,
Weston-super-Mare

Good

Accepting Referrals



Nash Ward is our PICU for men which accepts emergency and crisis admissions. Our aim is a short, rapid intervention to help people regain a sense of control and order in their lives, so they can move to a less restrictive care setting and return home.

Individuals usually come to us in crisis, may be non-compliant with their medication or this could be their first presentation with mental health symptoms. All service users are detained under the Mental Health Act.

Nash Ward benefits from a full multidisciplinary team (MDT), with a range of interventions available including occupational therapy, psychology, social work, advocacy and access to a GP. We excel in quickly stabilising individuals.

Our MDT works across the whole hospital and makes use of a broad range of therapies, including CBT (Cognitive Behavioural Therapy), Schema Therapy, EMDR (Eye Movement Desensitization and Reprocessing) and DBT (Dialectical Behavior Therapy) that are tailored to individual needs.



Male



18+ years



12 beds

Our service user profile:

- > Men, aged 18+ years
- > Detained under the Mental Health Act
- > Experiencing difficulties that present a risk to the well-being of themselves or others that cannot be treated in an open environment
- > Diagnoses may include:
 - Acute mental illness
 - Bi-polar disorder
 - Acute depressive illness
 - Personality disorder
 - Psychosis
 - Dual diagnosis
 - Schizophrenia
- > May present with co-morbid presentations:
 - Self-harm
 - Complex needs
 - Substance misuse issues



1

Referral made to Cygnet bed hub via 0808 164 4450 / chcl.referrals@nhs.net

2

Feedback provided on whether our services can meet the service user's needs within 1 hour of receipt of full clinical information

3

Admission agreed and arranged with referring team following confirmation of funding

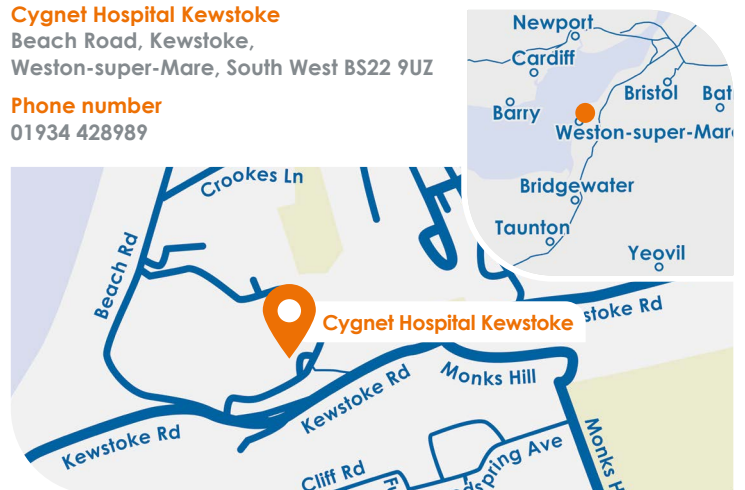
For All PICU and Acute Referrals (Adults and CAMHS)

0808 164 4450
chcl.referrals@nhs.net

Where are we?

Cygnet Hospital Kewstoke
Beach Road, Kewstoke,
Weston-super-Mare, South West BS22 9UZ

Phone number
01934 428989



CYG-981 | Date of Preparation: 15/10/23

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Integrity

Trust

Empower

Respect

Care