



# Your guide to Supported Living with Cygnnet

**Birmingham, West Midlands**

## Supported Living, Ashbrook

Birmingham, West Midlands



**Registered Address:** Unit D,  
Hunters Row Centre,  
Gaalgate Place,  
Stafford,  
West Midlands,  
ST162AD



## Location

Cygnets runs the apartments based in Birmingham. There are 16 supported living apartments in Birmingham.

## Living spaces



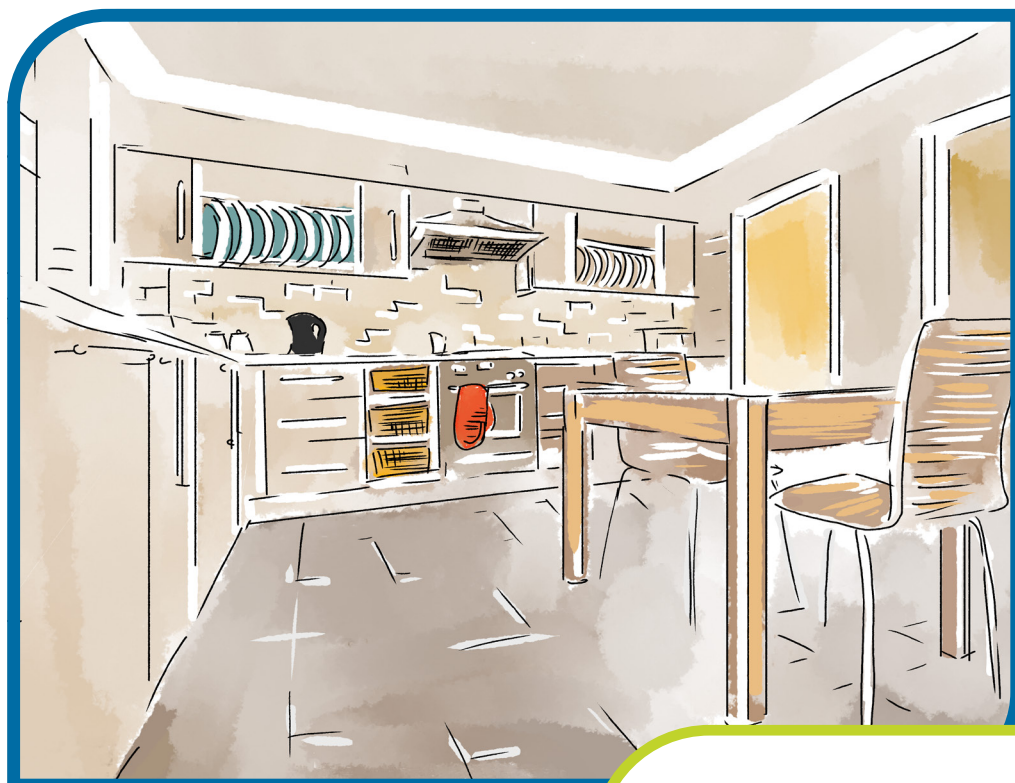
Our apartments are for 1 person. This means you will live by yourself. You will not share your flat or house with another person.

Staff will support you when you need them.

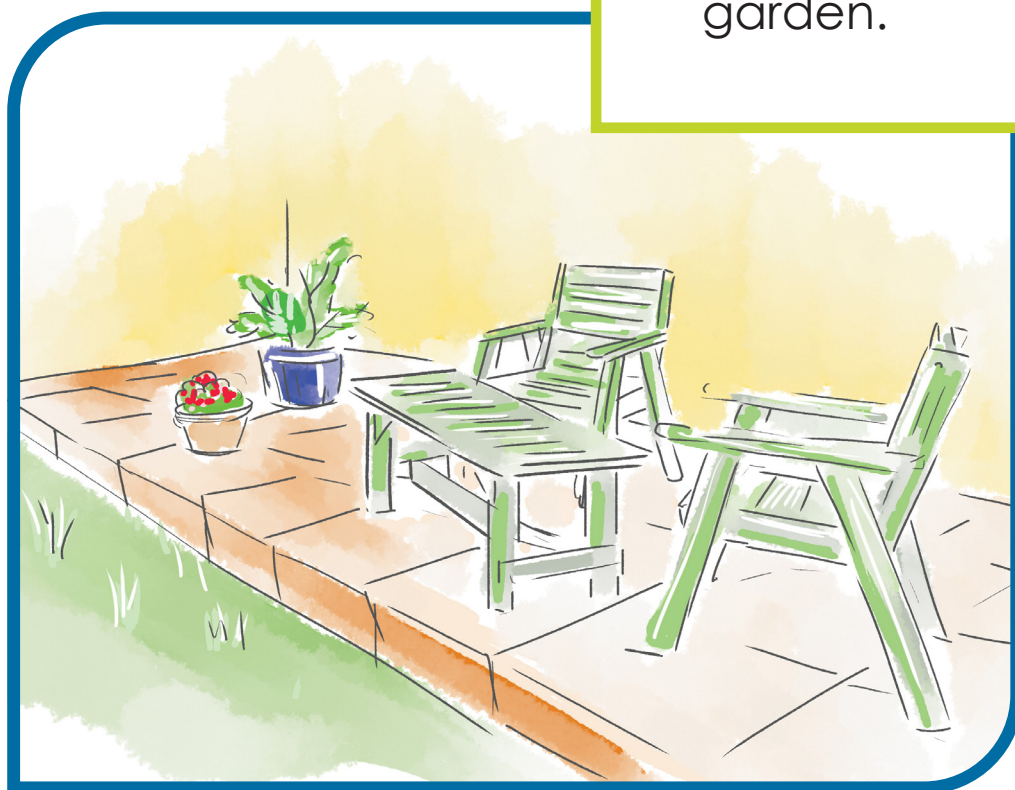




You will have your own bedroom and bathroom.  
You can make this space your own and fill it with  
your things.



You will also have  
your own kitchen and  
garden.





## Paying for things

Cygnnet gets money to support you. The money pays for people to support you.

You will have to use your own money to pay for things like household bills, clothes, haircuts and activities you want to do.

## Independence

Supported living is a more independent way of living. You can make more choices about how you want to live. We will talk to you to find out what you like to do. We can make sure you have what you want and need.



We will talk to you about your hopes and aims. We can help you build your skills and confidence. We can help you to build a healthy lifestyle.

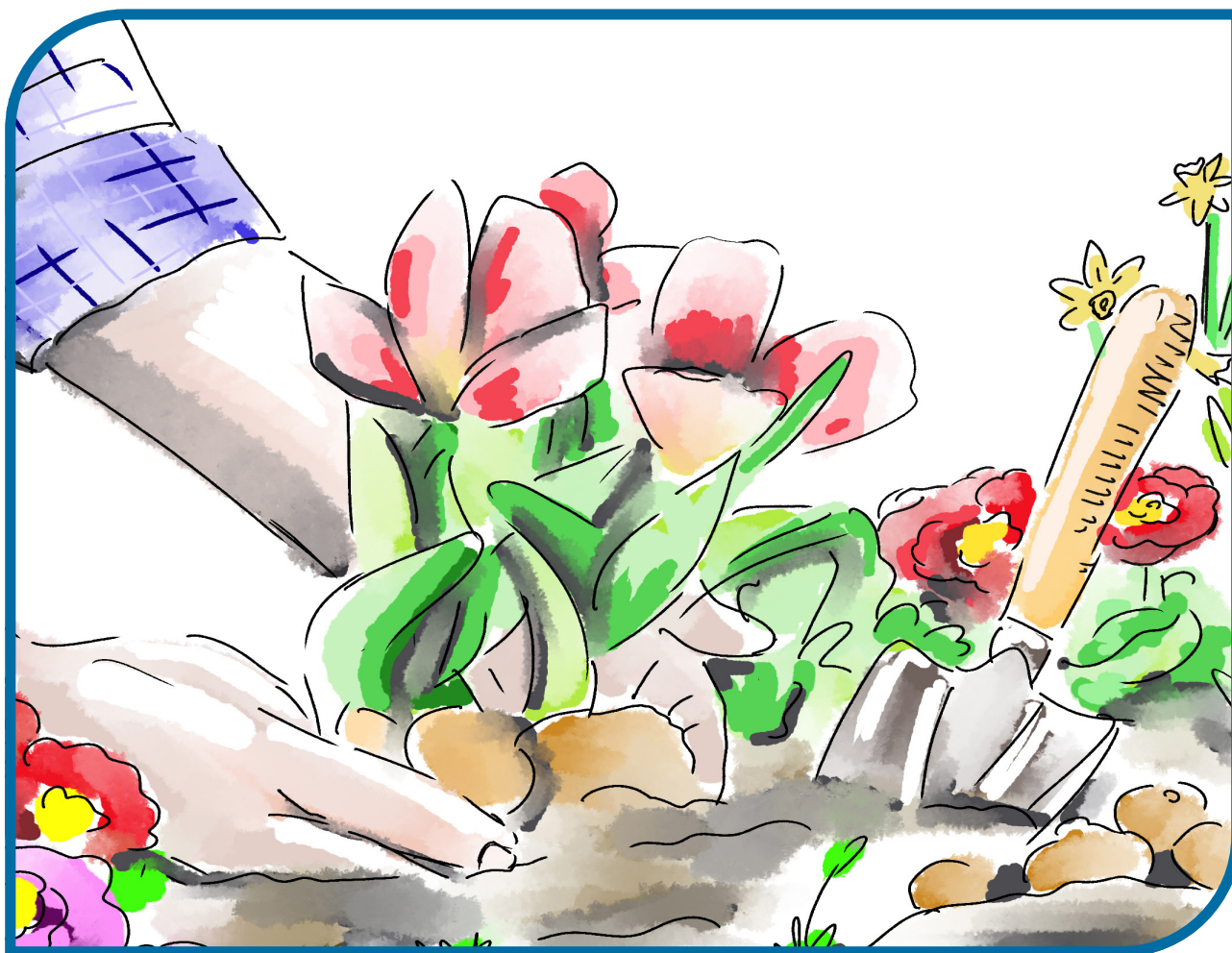




## Think about...

What skills you would like to learn?

- making food
- gardening
- looking after your money
- meeting new people
- doing housework





## We can help you to;

- go shopping
- be part of the local community
- keep in touch with friends and family
- meet new people
- join clubs and social groups
- get a job or work experience



**Address**

Cygnets  
4 Millbank, 3rd Floor,  
Westminster,  
London,  
SW1P 3JA

**Telephone**

0207 123 5706

**Website**

[www.cygnetsgroup.com](http://www.cygnetsgroup.com)

CYG\_ER\_222c | Date of Preparation 13/09/24



**Accessible  
Information  
Standard**