



Press Release

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For Immediate Release

Middlesbrough Doctor Wins Innovator of the Year

A Middlesbrough doctor has won Innovator of the Year at a national awards ceremony for his work to improve the lines of women with brain injuries.

Dr Matt Rowett, Consultant Neuropsychiatrist at Cygnet Newham House, was singled out during the Cygnet Annual Psychiatrists Conference and National Awards 2024. The service, run by Cygnet Health Care, is a 20-bed neuropsychiatric care and treatment facility on Hemlington Village Road which provides rehabilitation for women affected by acquired brain injuries.

Organised by Cygnet Health Care, one of the UK's largest independent providers of specialised mental health services, the Innovator of the Year award celebrates a doctor who has driven innovation to improve the quality of services, empowering service users and putting them at the centre of care, engaging stakeholders and reducing stigma.

Presenting the award, Lord Patel of Bradford, said: "Dr Rowett was nominated for his passion for learning, sharing best practice and innovation, readily sharing his knowledge in a manner that invites explorative discussions and growth of ideas.

"This has been demonstrated in his work as Co-chair of the Neuropsychiatry Steering Group where, under his leadership, the group have developed a robust Model of Care, redeveloped care plans to suit the needs of the population and identified meaningful outcome measures that truly capture service users' progress.

"Dr Rowett is consistently proactive, putting himself forward to take a lead in service development and innovation, often inspiring others to follow suit."

Dr Rowett is involved in the Royal College of Psychiatrists Faculty of Neuropsychiatry, contributing to development of the Quality Network Neuropsychiatry Standards.

Upon receiving his award, Dr Rowett said: "I am honoured to receive the Innovator of the Year award. This recognition wouldn't be possible without the incredible work and dedication of my team.

"Their passion and expertise have been instrumental in our efforts to improve patient care. I am grateful for the opportunity to work alongside such talented and dedicated individuals."

Dr Tony Romero, Cygnet CEO, said: "These awards recognise the achievements and the difference that motivated, compassionate and value-driven doctors and their teams make for our services users and our residents every single day.

"Their skills, commitment and willingness to go above and beyond ensures that as an organisation, we are improving lives together.

"In particular, Dr Rowett gives our service users hope of a brighter future through constantly striving to provide high quality, safe, person-centred care. Putting service users and their loved ones at the heart of what we do is integral to our culture and this value is exemplified by Dr Rowett on a daily basis."

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Notes to Editors:

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