

Improving lives together

Specialist residential service for adults with autism and learning disabilities

Birches, Nottinghamshire

Good



Placements now available

Birches is a specialist residential service for people with autism and learning disabilities, who may also present with behaviours that challenge. We provide a safe, comfortable and effective care environment, promoting independence and community integration.

Person-centred planning is at the heart of everything we do, based on each person's specific needs. We understand that consistency and continuity of care is important for the people we support.



Mixed gender



18+ years



6 Placements

Our resident profile:

- > Adults from the age of 18 years
- > A diagnosis of autism and learning disability
- > May present with behaviours that challenge
- > May have communication challenges
- > May have associated complex needs
- > May be subjected to DoLS (Deprivation of Liberty Safeguards) or Care Orders



Our service at a glance

Birches has 6 en-suite bedrooms as well as numerous communal spaces including 2 lounges, a dining room, a sensory room, IT suite and a large kitchen. Externally there are 2 gardens, one large garden with a swing, trampoline and vegetable patch and a quiet sensory garden.

The home is located near to the bustling town and city centres of Newark, Lincoln, Grantham and Nottingham, providing easy reach to local amenities, including parks, pubs, restaurants and leisure facilities.

As part of our care pathway, we enable the people we support to build upon their skills to achieve further independence, self-advocacy and confidence, leading to a better quality of life.

The team supports each resident to create person-centred activity planners and develop daily living skills both inside the home and out in the community. The integrated multi-disciplinary team (MDT) consists of occupational therapy, speech and language therapy, psychology and psychiatry.

Our staff use least restrictive practice approaches and are trained in specialised intervention techniques and sensory integration strategies.

We understand that the relationships our residents have with their family and friends are very important and integral to their wellbeing. Therefore we ensure that we enable the individual to stay in touch with loved ones and can facilitate home visits.



Rated 'good' with the CQC



Supporting individuals to fulfil their potential and achieve a meaningful life



Easy read and other accessible information available to all residents



On-site multi-disciplinary team consisting of occupational therapy, speech and language therapy, psychology and psychiatry



Supporting residents to step-down along their pathway to supported living



Achieved the Dignity in Care Award



Supporting individuals to enhance their skills and their social circles



'Birches Blog' noticeboard updated weekly with useful information for residents



Activity co-ordinator to help plan person-centred activities and trips



Supporting residents on holiday



Central location with easy access to many local towns



Our community links:

- > Leisure Centres
- > Retail parks and local shops
- > Cinemas and bowling alleys
- > Restaurants, pubs and cafés
- > Good public transport links
- > Local seaside towns
- > Local parks

Our facilities:

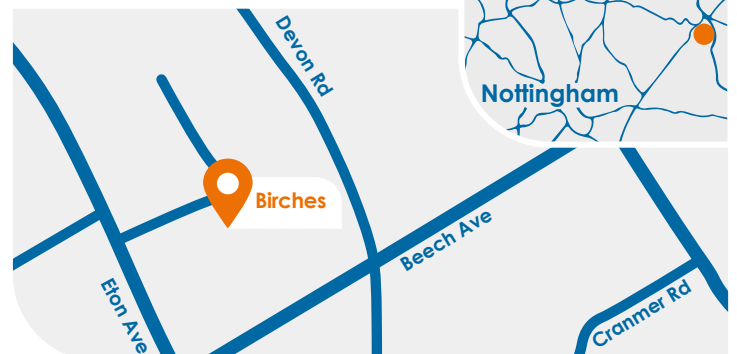
- > En-suite bedrooms
- > Lounge
- > Dining room
- > Sensory room
- > Activities of daily living kitchen
- > Large garden including a sensory garden, vegetable patch, swing and trampoline



For more information or to make a referral, please contact your regional Business Relationship Manager or email: sc.referrals@cygnethealth.co.uk

Where are we?

Birches
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Phone number
01636 550 576



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