

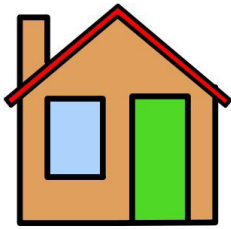


Your guide to Supported Living with Cygnnet

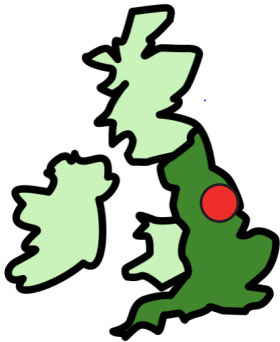
Ashfield, West Yorkshire

Supported Living, Ashfield

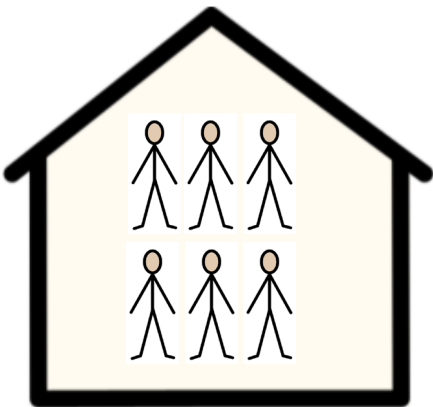
West Yorkshire



Cygnnet runs a house called Ashfield in Huddersfield.



Huddersfield is in West Yorkshire.

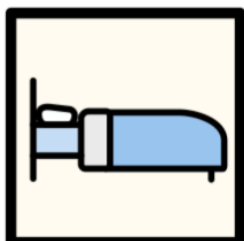


The house is for up to 6 people.
There are 3 separate living areas.

The people you live with may be male or female.



You will have your own:



- bedroom

You may have to share these spaces:



- bathroom



- living room



- kitchen



- outside space

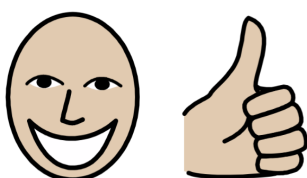
About Supported Living



Supported living is an important step towards independence.



Being independent helps you make more choices about the life you want to live.



We will make sure you have what you want and need in your home.

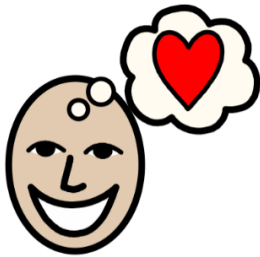


Staff can help you with activities and help you to learn new skills.

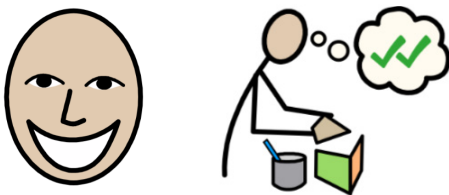
How we support you



We will talk to you to find out what you like to do.



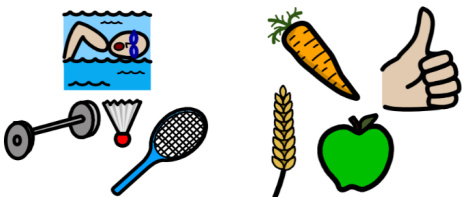
We will work with you to achieve your goals and dreams.



We help you build your skills and confidence.



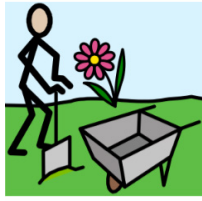
We can remind you to take your medicines.



We can help you live in a healthy way.



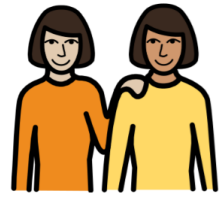
We can help you to go clothes shopping and keep your clothes looking nice.



gardening

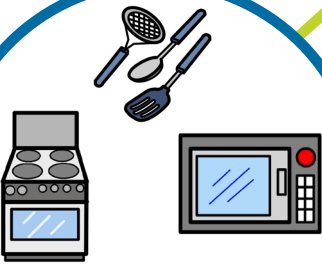


to look after
your money



meet new
people

What skills
would you
like to learn?

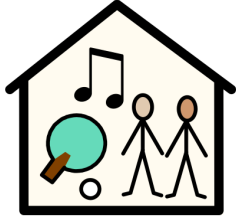


make food

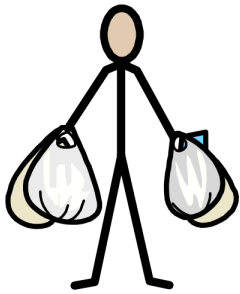


housework

We can help you to:



- join clubs and social groups



- go shopping



- keep in touch with friends and make new friends



- see your family



We will support you to look for a job if you would like to work.

Paying for things



Cygnets get money to support you.



The money pays for people to support you.



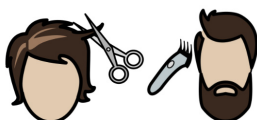
Here are some examples of the things you can also spend your money on:



- clothes



- household bills and rent



- getting your hair cut



- activities you want to do

Your notes

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CYG_ER_222a | Date of Preparation: 23/10/24



Accessible
Information
Standard