

NEW
Coming soon

Improving lives together

Cygnnet Hospital Kidsgrove, Staffordshire

- > Acute service for women
- > Highly Specialised Personality Disorder service for women



Cygnets Hospital Kidsgrove is our new hospital for women in Staffordshire. The service will be opening in 2025.

There will be two wards at the hospital; a 20 bed Acute service for women and an 11 bed Highly Specialised Personality Disorder Rehabilitation service.

Crocus Ward will provide a safe and stabilising environment for women who are experiencing an acute episode of mental illness and require an emergency admission. Burleigh Ward will provide specialised support for women with a personality disorder and other complex needs.

The services provided are:

NEW

Crocus Ward

20 bed Acute service

Opening in 2025

NEW

Burleigh Ward

11 bed Highly Specialised
Personality Disorder service

Opening in 2025

Crocus Ward

Acute Service



Female



18+ Years



20 beds

Crocus Ward, our new 20 bed female emergency acute inpatient service, will provide a safe and stabilising environment for women experiencing an acute episode of mental illness and require an emergency admission.

The ethos of Crocus Ward is to assess and treat women in the least restrictive environment, whilst planning for discharge in a robust and timely fashion. With a focus on stabilisation, we will support women to manage their mental health, reinforce daily living skills and prepare for independent life back in the community.

Our team will work closely and collaboratively with individuals, their families and the referrer to provide a seamless pathway from referral to discharge. Our approach is recovery focused and supported by a comprehensive multi-disciplinary team, contributing to shorter lengths of stay.

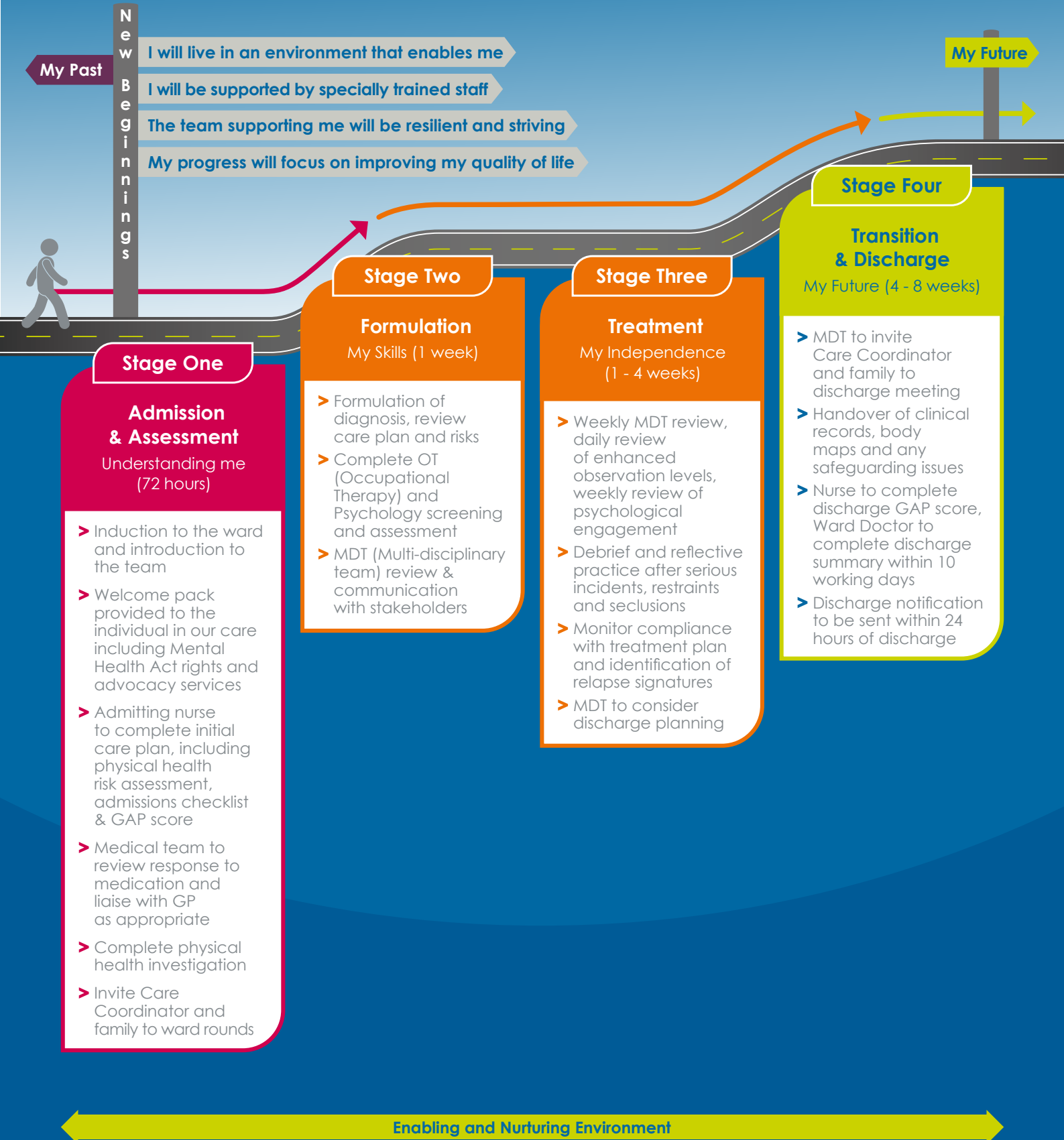
Our service user profile:

- > Women, aged 18+ years
- > Detained under the Mental Health Act or informal
- > Experiencing difficulties that present a risk to the well-being of themselves or others that cannot be treated in an open environment
- > Diagnoses may include:
 - Acute mental illness
 - Acute depressive illness
 - Psychosis
 - Schizophrenia
 - Bi-polar disorder
 - Personality disorder
 - Dual diagnosis
- > May present with co-morbid presentations:
 - Self-harm
 - Substance misuse issues



Model of Care for our PICU / Acute Services

At Cygnet Health Care we are doing all we can to make a positive difference. To help guide us & ensure we are working together to achieve this we have collaboratively developed our Model of Care for our PICU / Acute Services. A guide that shows what we do as an organisation to meet the acute needs of adults requiring rapid access to mental health services, including those who may need an intensive care environment.



Burleigh Ward

Highly Specialised Personality Disorder Service



Female



18+ Years



11 beds

Burleigh Ward is Cygnet Hospital Kidsgrove's 11 bed highly specialised service providing assessment, treatment and rehabilitation for women with personality disorder and complex needs.

Rehabilitation is provided in a therapeutic setting, with a level of security matched to individual need. The aim of the treatment, rehabilitation and re-socialisation programme is to equip the women in our care with the skills and confidence they need to navigate challenges that may come with returning to community or independent living.

Our dedicated clinical teams will provide a multi-disciplinary approach to rehabilitation, empowering individuals to make positive choices that support recovery. This will include occupational therapy, social work and vocational training.

Our service user profile:

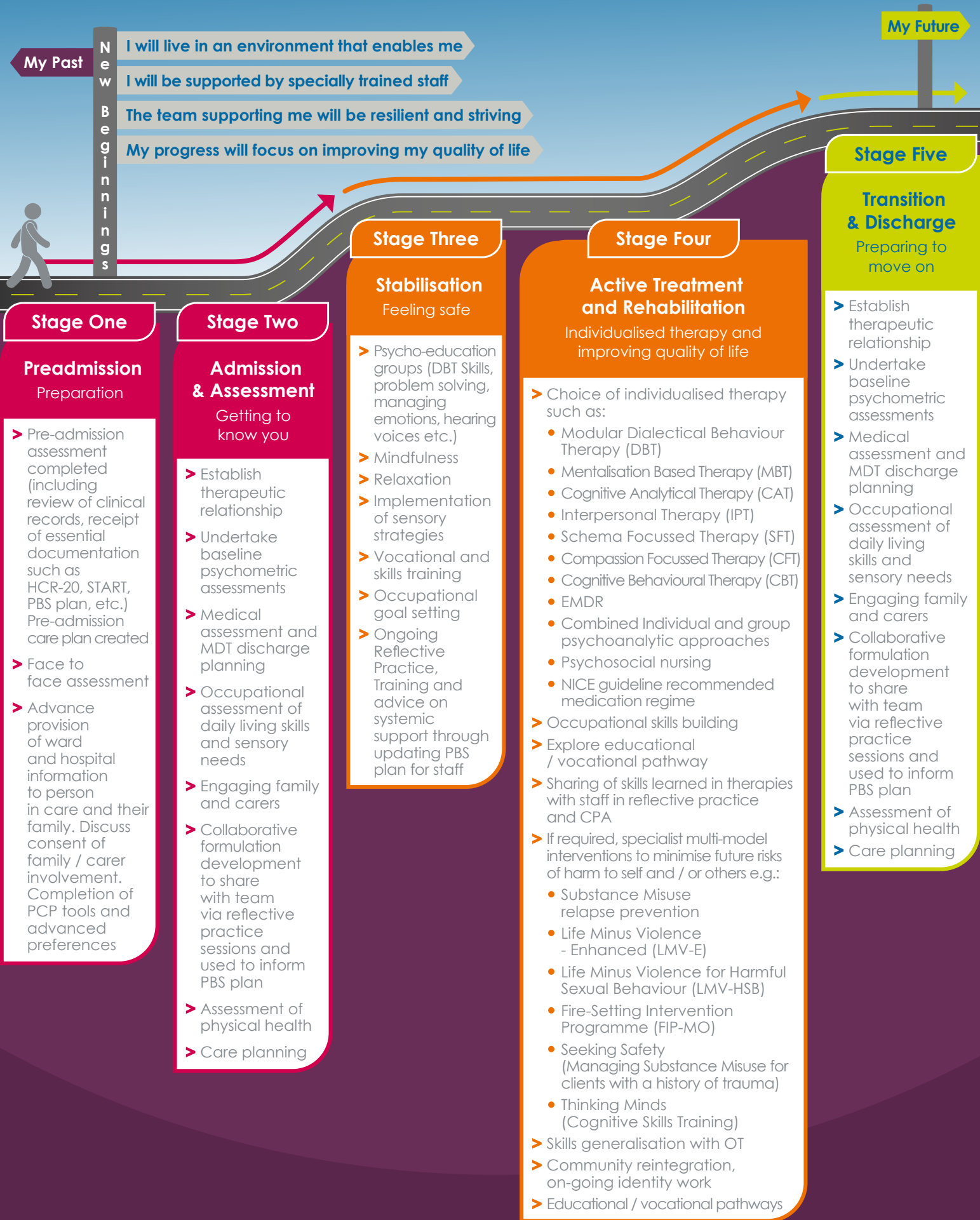
- > Female, aged 18+ years
- > Diagnosis of personality disorder with complex mental health needs
- > Subject to a section of the Mental Health Act
- > May have a history of substance misuse or dependency
- > May have experienced regular placement breakdowns
- > Sustained relational and social functioning problems
- > Forensic or non-forensic history
- > Capacity to engage

Therapeutic approaches and assessments: (may include but not limited to)

- > Dialectical Behaviour Therapy (DBT) Informed Approach
- > Cognitive Behavioural Therapy (CBT)
- > Trauma Focused-Cognitive Behavioural Therapy (TF-CBT)
- > Compassion Focused Therapy (CFT)
- > Schema Focused Therapy (SFT)
- > Eye Movement Desensitisation and Reprocessing (EMDR)
- > Cognitive Analytic Therapy (CAT)
- > START Risk Assessment
- > Positive Behavioural Support Plans
- > Psychometric Assessments
- > Neuropsychological assessments
- > Ongoing Psychological Formulation
- > Wellness Recovery, Support and Action Plans



Model of Care for our Personality Disorder Services



Our Referral Process

PICU / Acute referral process:

- 1 Referral made to Cygnet referrals team via **0808 164 4450** / chcl.referrals@nhs.net
- 2 Feedback provided on whether our services can meet the service user's needs within 1 hour of receipt of full clinical information
- 3 Admission agreed and arranged with referring team following confirmation of funding

Personality disorder service referral process:

- 1 Referral made to Cygnet referrals team via **0808 164 4450** / chcl.referrals@nhs.net
- 2 Assessment arranged and undertaken via our assessment team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

We are able to take referrals 7 days a week.

To make a referral please contact **your regional Business Relationship Manager.**

Alternatively, you can contact the Cygnet Bed Hub on: **0808 164 4450** / chcl.referrals@nhs.net.

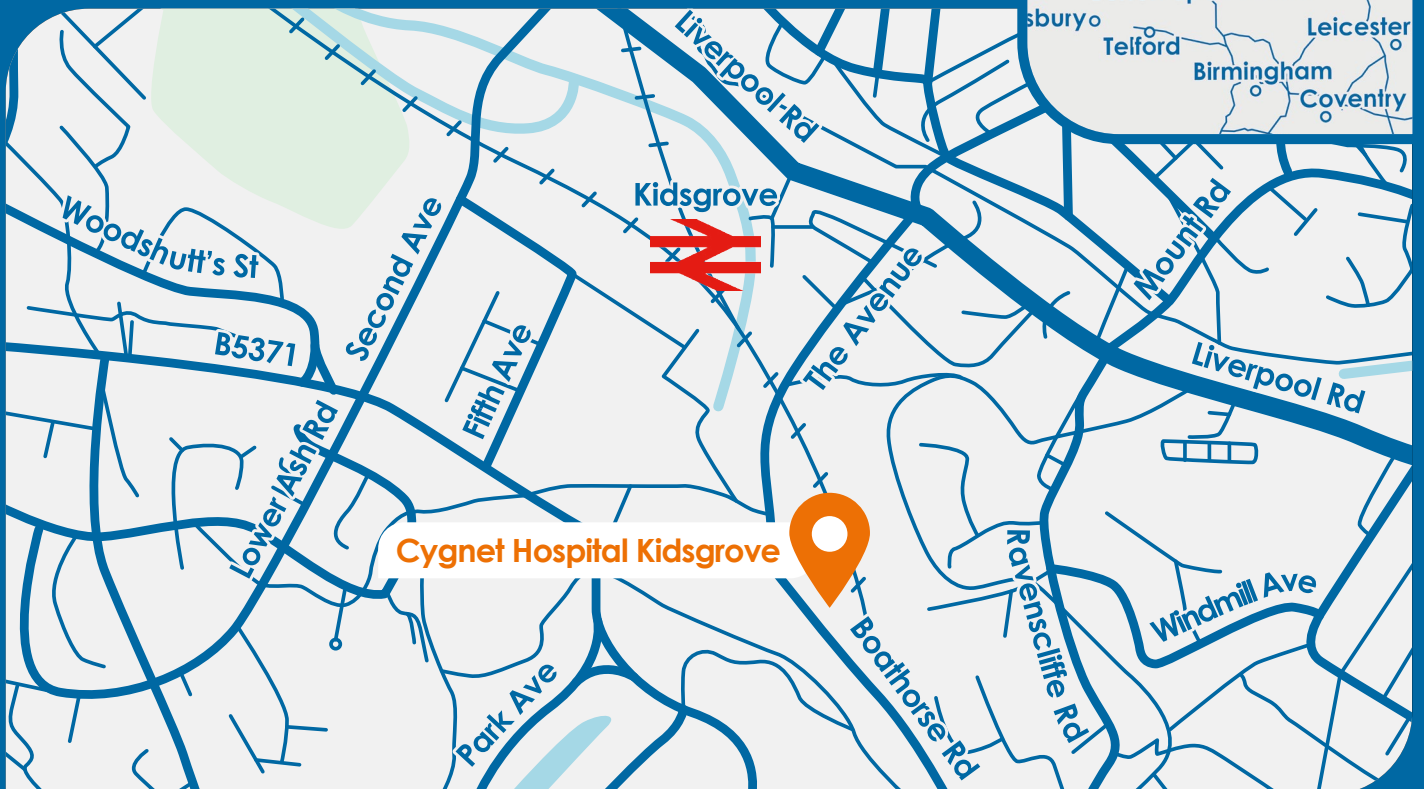




Where are we?

Cygnets Hospital Kidsgrove

Boathorse Road, Kidsgrove, Stoke-on-Trent,
Staffordshire ST7 4JA



CYG-1708 | Date of Preparation: 20/12/24

Please visit [cygnetsgroup.com](https://www.cygnetsgroup.com) for more info | Follow us on social media:

Integrity

Trust

Empower

Respect

Care