

Improving lives together

# Acute Service for Women

Fisher Ward,  
Cygnnet Hospital Hexham,  
Northumberland

Good

Accepting referrals



Fisher Ward is our 17 bed mental health acute service for women with complex mental health needs which provides a comprehensive range of treatments for women who require treatment in an inpatient setting.

The service and care delivery model is underpinned by an established Cognitive Behavioural Therapy (CBT) framework 'Comprehend, Cope and Connect'. This transdiagnostic approach to mental health difficulties brings together the impact of past trauma and adversity on present coping (comprehend), and utilises mindfulness and compassion-focussed approaches to manage change (cope and connect).

Our experienced multi-disciplinary team works collaboratively with service users, carers, commissioners and the home team to provide a safe, effective and responsive treatment pathway that is co-produced and recovery orientated. The care pathway of 28 days aims to ensure a short length of stay and safe return to the community, where possible.



Female



18+ years



17 beds

## Our service user profile:

- > Women, aged 18+ years
- > May be informal or detained under the Mental Health Act
- > Experiencing an acute episode of mental illness that cannot be safely managed in the community
- > Diagnoses may also include:
  - Depression, Bi-polar illness and other mood disorders
  - Anxiety
  - Psychosis
  - Schizophrenia
  - Schizo-Affective Disorder
  - Personality disorders
  - Dual diagnosis
  - Substance misuse issues



"Really happy my daughter came to Cygnnet Hospital Hexham, she has been very well looked after and supported, staff have been wonderful." - family member



**1** Referral made to Cygnnet bed hub via 0808 164 4450 / [chcl.referrals@nhs.net](mailto:chcl.referrals@nhs.net)

**2** Feedback provided on whether our services can meet the service user's needs within 1 hour of receipt of full clinical information

**3** Admission agreed and arranged with referring team following confirmation of funding

For All PICU and Acute Referrals (Adults and CAMHS)

0808 164 4450  
[chcl.referrals@nhs.net](mailto:chcl.referrals@nhs.net)

## Where are we?

**Cygnnet Hospital Hexham**  
Anick Road, Hexham,  
Northumberland NE46 4JR  
**Phone number**  
01434 408660



CYG-703 | Date of Preparation: 20/01/25

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