



Accepting referrals

Good

Haven Ward is Cygnet Hospital Harrogate's male emergency acute inpatient service. The ward can support service users on an informal basis and also those detained under the Mental Health Act.

The service has a full Multidisciplinary team (MDT) including consultant psychiatrists, doctors, a therapy team including group and activities coordinators and nursing therapists. There are a range of therapies available and all service users can access a minimum of 25 hours' therapy a week. There is a comprehensive programme of both group and individual therapies available in:

- > Alcohol abuse
- > Coping mechanisms
- > Anger management
- > Stress reducing techniques

Our team work closely and collaboratively with service users, their families and the referrer to provide a seamless pathway from referral to discharge.

"Thank you for all your hard work and patience with me. If it wasn't for the kind-hearted people at Cygnet, I could have taken my own life. Now I'm leaving and want to live the best life possible." - Service user



Male



18+ years



19 beds

**Our service user profile:**

- > Men, aged 18+ years
- > May be informal or detained under the Mental Health Act
- > Experiencing an acute episode of mental illness requiring a crisis admission
- > Diagnoses may include:
  - Acute mental illness
  - Acute depressive illness
  - Psychosis
  - Schizophrenia
  - Bi-polar disorder
  - Personality disorder
  - Dual diagnosis
- > May present with co-morbid presentations:
  - Self-harm
  - Substance misuse issues
  - Complex needs



For All PICU and Acute Referrals (Adults and CAMHS)

0808 164 4450  
chcl.referrals@nhs.net

1

Referral made to Cygnet bed hub via 0808 164 4450 / chcl.referrals@nhs.net

2

Feedback provided on whether our services can meet the service user's needs within 1 hour of receipt of full clinical information

3

Admission agreed and arranged with referring team following confirmation of funding