



Now  
open and  
accepting  
referrals

*Improving lives together*

# Cygnet Hospital Oldbury

> PICU & Acute Hospital for Women, in West Midlands



Improving lives together

## Introduction

**Cygnet Hospital Oldbury is our PICU & Acute hospital for women, in the West Midlands.**

The service features two wards. Rosa Ward, a 12 bed PICU and Emmeline Ward, a 15 bed Acute ward. Cygnet Hospital Oldbury has a full multi-disciplinary team (MDT) and supports the acute needs of women requiring rapid access to mental health services, including those who may need an intensive care environment.

We're focused on length of stay and making sure individuals move as quickly and safely as possible from our services to the most appropriate and least restrictive environment for them. Individuals can step down through the pathways available within Cygnet services.

Referrals can come to us from all areas, including other acute services and prison services.

## Our service at a glance



### Our multi-disciplinary team:

- > Responsible clinician
- > Specialty doctor
- > Hospital manager
- > Clinical manager
- > Ward managers
- > Head of care
- > Occupational therapists
- > Psychologist
- > Assistant psychologist
- > Nurses
- > Social worker
- > Support workers
- > Mental health act administrator
- > Advocacy



### Our therapies and interventions:

- (may include but not limited to)
- > Dialectical Behaviour Therapy (DBT) informed therapy
  - > Substance misuse programmes
  - > Cognitive Behavioural Therapy (CBT) and Cognitive Analytic Therapy (CAT)
  - > Schema Therapy
  - > Eye Movement Desensitisation and Reprocessing Therapy (EMDR)
  - > Hearing Voices groups
  - > Active Life programmes
  - > Psychoeducation
  - > Comprehensive occupational therapy programmes



### Our facilities:

- > En-suite bedrooms
- > Spacious communal areas on each ward
- > Quiet lounges
- > Dining rooms
- > Activities of daily living kitchens
- > Multi-faith room
- > Fully equipped gym
- > Multiple meeting and therapy rooms

## Rosa Ward PICU



Female



18+ Years



12 beds

Rosa Ward accepts emergency and crisis admissions. Referrals come to us from all areas, including acute and prison services. Our aim is a short, rapid intervention to help individuals regain a sense of control and order in their lives, so they can move to a less restrictive care setting and ultimately return home.

The service provides expert, intensive, short-term, individualised care for women detained under the Mental Health Act.

Individuals will present with increased risks that require them to be assessed and treated in an intensive care environment.

## Emmeline Ward Acute



Female



18+ Years



15 beds

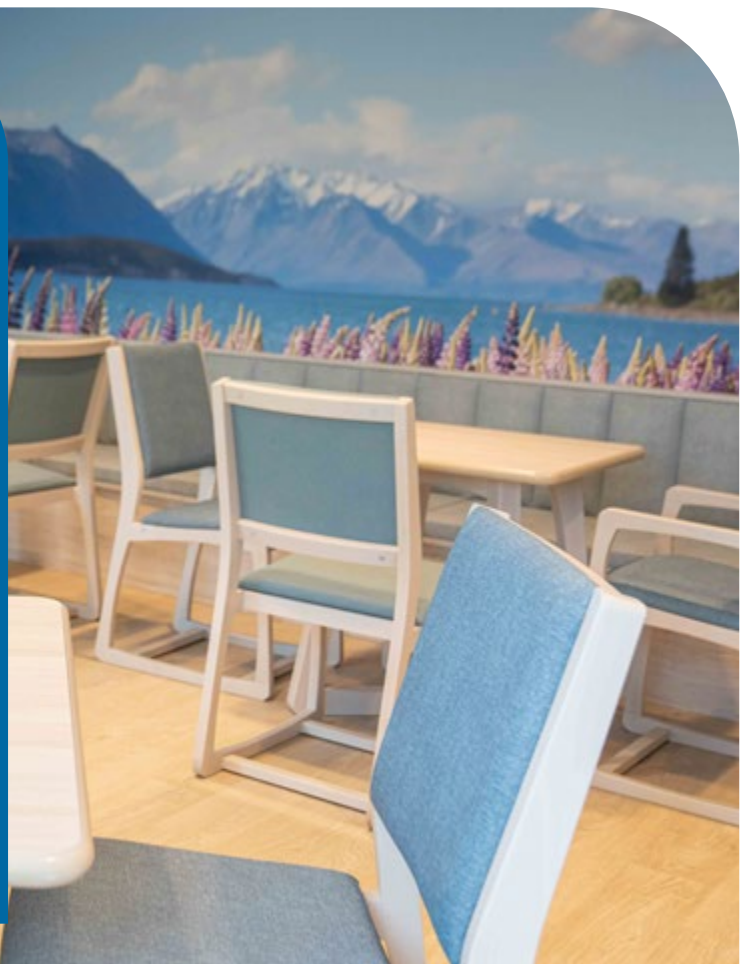
This 15 bed female emergency acute inpatient service provides a safe and stabilising environment for individuals who are experiencing an acute episode of mental illness and require an emergency admission.

The ethos of Emmeline Ward is to assess and treat women in the least restrictive environment and planning for discharge in a robust and timely fashion. With a focus on stabilisation, we support individuals to manage their mental health, reinforce daily living skills and prepare for independent life back in the community.

Our team work closely and collaboratively with individuals, their families and the referrer to provide a seamless pathway from referral to discharge. Our approach is recovery focused and supported by a comprehensive multi-disciplinary team, contributing to shorter lengths of stay.

### Our service user profile:

- > Women, aged 18+ years
- > Detained under the Mental Health Act or informal
- > Experiencing difficulties that present a risk to the well-being of themselves or others that cannot be treated in an open environment
- > Diagnoses may include:
  - Acute mental illness
  - Acute depressive illness
  - Psychosis
  - Schizophrenia
  - Bi-polar disorder
  - Personality disorder
  - Dual diagnosis
- > May present with co-morbid presentations:
  - Self-harm
  - Substance misuse issues



# Our Referral Process:

- 1 Referral made to Cygnet referrals team via [0808 164 4450](tel:08081644450) / [chcl.referrals@nhs.net](mailto:chcl.referrals@nhs.net)
- 2 Feedback provided on whether our services can meet the **service user's needs within 1 hour** of receipt of full clinical information
- 3 **Admission agreed and arranged** with referring team following confirmation of funding



**For All PICU and Acute Referrals (Adults and CAMHS)**

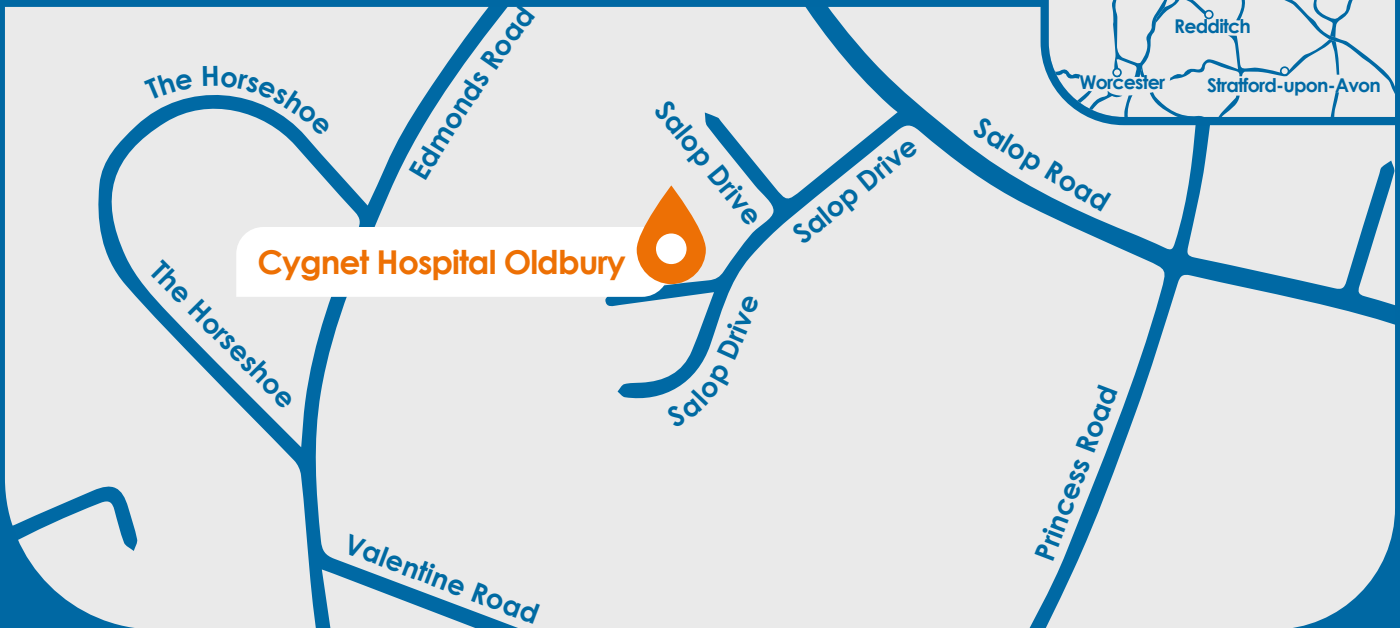
 **0808 164 4450**

 **[chcl.referrals@nhs.net](mailto:chcl.referrals@nhs.net)**



## Where are we?

**Cygnet Hospital Oldbury**  
Salop Drive, Oldbury, West Midlands B68 9AG  
**Phone number**  
01214 200 211



CYG-1370 | Date of Preparation: 14/02/25

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